



WILTSHIRE

EST. **FARM** 1991

**FOODS**

**SOFTER  
FOODS**  
SPRING 2024

# Tasty, easy meals for *spring*

Peeling, chopping, cooking, blending... not to mention washing up - when just the thought of preparing meals in the right texture for you is enough to put you off, please don't settle for less. As **the world leaders in texture modified meals**, we don't believe there should be anything stopping you from enjoying good food - **you deserve something delicious and nutritious, every single mealtime.**

When you have Wiltshire Farm Foods meals waiting in your freezer, you can relax knowing that good food is only ever a matter of minutes away. Enjoy a perfectly prepared dish simply by popping one **straight from the freezer into the microwave or oven** - it's as easy as that!

With **88 tasty dishes** to choose from including breakfasts, lunches, and desserts, whatever the time of day, there are always options that fit the bill. And because each one is **honed to perfection by our team of expert chefs**, you can be sure that each one is as delicious as it is effortless.

*Phil Rimmer*  
Head Chef



## EFFORTLESS MEALS FOR ALL



### Carefully created

Dine with confidence, safe in the knowledge that each dish is created in line with the latest texture guidance from the NHS\*.



### Brilliantly balanced

Thanks to the input of our expert dietitians, our meals meet a wide range of nutritional needs, with different portion options too.



### Unsure which texture is right for you?

Please speak to your healthcare professional who will be able to advise you.

\*iddsi.org



## Three CAREFULLY CREATED TEXTURES TO CHOOSE FROM!

### Level 4 - Purée Meals

Pages 7-20

These smooth texture dishes are perfectly puréed and filled with flavour.

#### Try our Purée

Lamb in Mint Gravy on **page 13**



### Level 5 - Minced Meals

Pages 21-25

Effortless to prepare minced dishes that require minimal chewing.

#### Try our Minced

Salmon in Dill Sauce on **page 25**



### Level 6 - Soft & Bite-Sized Meals

Pages 26-28

Enjoy softer textures and small, manageable pieces.

#### Try our Soft & Bite-Sized

Shepherd's Pie on **page 28**



## LET'S HEAR IT FROM OUR CUSTOMERS

"Beautifully presented and very tasty!"



★ Trustpilot

Mrs V

Wiltshire Farm Foods Customer

"The opportunity to have time off from blending and cooking is much appreciated."



★ Trustpilot

Mrs K

Wiltshire Farm Foods Customer

"The variety of meals is excellent and they can be prepared quickly."



★ Trustpilot

Mrs C

Wiltshire Farm Foods Customer

# Delivering

## HAPPINESS FROM START TO FINISH



We're passionate about great food at Wiltshire Farm Foods – and you can taste it in every bite! But it's you that we care most about, which is why we're committed to good old-fashioned friendly service, every step of the way.

### *Saving time and money*

Our perfectly portioned complete meals are not only great value, they save you so much time and effort. Skip the chopping, cooking, and blending and simply pop a meal straight from the freezer into the microwave or oven. There's no wastage - and minimal washing up.

### *Good Old-Fashioned Service*

We've always got time for you, from those friendly chats on the phone or on your doorstep to the helping hand putting your meals away.

### *Made With Love*

Before we're happy with a dish, it's tested and tweaked by our dietitian and award-winning chefs until it's the best that it can be!

### *Ethical At Heart*

As members of the Ethical Trade Initiative, sustainability is a priority for us. We source with care, and work tirelessly to reduce plastic usage.

### *Delicious Food, Quality Ingredients*

Choose from 88 delicious dishes, each meeting our demanding standards, with options to suit different diets and appetites.

### *Effortless Ordering*

With no contract or commitment, you've the flexibility to order as and when you wish! Give us a call, shop online, or order through your driver.

### *Our Experience Shines*

With experience spanning over 30 years, you're in safe hands - to which our prestigious awards and Trustpilot rating of 'Excellent' can attest.



**We'll replace any meal you're not happy with - for free!**

**Try any new dish without worry**

Keep the film lid from the top of your meal (if you can), then give us a call and we'll sort the rest. (See page 31 for Terms and Conditions)

# Ordering MADE EASY

## 1 Choose how you want to order

Give your friendly local team a call



Go online - it's simple and secure



Order direct with your delivery driver



## Or download our app

*It's so easy to use – at home or on the go!*

- Order in just a few taps on your **smartphone or tablet**
- Stay securely logged in for **fast checkout**
- View **previous orders** and **re-order favourites** easily
- Quickly **access ingredients** and **cooking instructions**
- Select a **delivery day** that works for you
- Add any **special instructions** for your order
- **Pay by card** or choose to **pay by cash on delivery**



Scan this QR code with your smartphone or tablet to download the app – it's free!



## 2 Select your delivery day

We will let you know what delivery days are available in your area and you can pick one to suit you.



## 3 We deliver for FREE<sup>▲</sup>

Your friendly local driver will deliver your food to your door. We'll even put your food in the freezer if you wish.

<sup>▲</sup> Minimum order in some areas



## 4 Heat, eat & enjoy!

Pop straight in the microwave or oven from frozen following the clear instructions on the label.

# Good **OLD-FASHIONED** SERVICE

In today's world of automated phone-lines and self-checkouts, you can depend on Wiltshire Farm Foods to do customer service the right way. A friendly voice on the phone, a lovely local driver you get to know, a helping hand to put your meals away - it's that little extra time, care and attention that can make all the difference.

We wouldn't have it any other way – and we know you wouldn't either.

## *It's all just part of the service*

Your friendly local team is always happy to help and is waiting to take your call.

You'll get to know your delivery driver, who'll be there with your meals whenever you need them.

If you need assistance outside of your branch's hours, we have a 24/7 helpline.

Our online live chat is another easy way to ask a real person a question.



"Easy to order either online or by phone. Friendly staff. Choice of days and free delivery. Food is very tasty and different size meals depending on your appetite. Highly recommend."

**Mrs S**  
Wiltshire Farm Foods Customer

## YOU'VE RATED US... *Excellent*

What really matters to us is what you think, so we couldn't be happier that after over 30 years of experience and 45,000 customer reviews on Trustpilot, we're rated Excellent.

Rated EXCELLENT at time of writing, December 2023.

A collage of four different Purée Meals. Each dish is presented on a plate with cutlery and garnishes. A green box at the bottom contains the title "Purée Meals".

**Purée Chicken in Rich Gravy**  
Page 13

**Purée Bakewell Sponge & Custard**  
Page 19

**Purée Quiche Lorraine (Oven Cook Only)**  
Page 17

**Purée Petite Fish & Chips (Oven Cook Only)**  
Page 10

**IMPORTANT:**  
When heating our puréed dishes, always set your microwave to **HALF POWER**.

# *Purée Meals*

“The puréed meals suit my needs perfectly and I wouldn't go anywhere else.”

**Mrs B**  
Wiltshire Farm Foods Customer

*With options for every eating occasion plus your pick of two portion sizes, our Level 4 menu offers so much choice.*

SOFTER FOODS



**Purée Petite Omelette, Chips & Beans**

Tasty puréed cheese omelette served with chips and baked beans.

**7099** **£6.29** 275g



Each meal contains					
Energy 2148 kJ 516 kcal 26%	Fat 36g 51%	Saturates 9.8g 49%	Sugars 6.0g 7%	Salt 1.5g 25%	



**Purée Petite Sausage & Mash**

Puréed pork sausages with mashed potato and peas.

**7097** **£6.29** 275g



Each meal contains					
Energy 2081 kJ 501 kcal 25%	Fat 36g 51%	Saturates 4.6g 23%	Sugars 4.0g 4%	Salt 1.9g 32%	



**Purée Petite Spaghetti Bolognese**

Puréed beef in a rich tomato and herb sauce. Served on a bed of puréed spaghetti.

**7397** **£6.55** 300g

Each meal contains					
Energy 2100 kJ 504 kcal 25%	Fat 31g 44%	Saturates 8.8g 44%	Sugars 9.8g 11%	Salt 1.8g 30%	



**Purée Petite Pork & Gravy**

Puréed pork shoulder in gravy served with broccoli and duchess potatoes.

**7017** **£6.49** 275g



Each meal contains					
Energy 2173 kJ 524 kcal 26%	Fat 40g 57%	Saturates 6.7g 34%	Sugars 5.6g 6%	Salt 1.5g 25%	

www.wiltshirefarmfoods.com

SOFTER FOODS



**Purée Petite Sweet & Sour Chicken**

Puréed chicken, pineapple and peppers in a sweet and sour sauce. Served with rice and peas.

**7023** **£6.49** 275g

Each meal contains					
Energy 2110 kJ 507 kcal 25%	Fat 34g 49%	Saturates 4.4g 22%	Sugars 8.4g 9%	Salt 1.7g 28%	



**Purée Petite Chicken Chasseur**

A French classic! Puréed chicken chasseur served with peas and duchess potatoes.

**7027** **£6.39** 275g



Each meal contains					
Energy 2154 kJ 518 kcal 26%	Fat 36g 51%	Saturates 3.5g 18%	Sugars 5.0g 6%	Salt 1.7g 28%	

www.wiltshirefarmfoods.com



**Purée Petite Salmon Fillet (Oven Cook Only)**

Puréed salmon served with creamed spinach and sauté potatoes.

**7047** **£6.55** 275g



Each meal contains					
Energy 2146 kJ 516 kcal 26%	Fat 36g 51%	Saturates 5.1g 26%	Sugars 7.2g 8%	Salt 1.5g 25%	



**Purée Petite Lamb Chop**

Puréed lamb chop served with creamed savoy cabbage and sauté potatoes.

**7048** **£6.59** 275g



Each meal contains					
Energy 2080 kJ 501 kcal 25%	Fat 36g 51%	Saturates 6.4g 32%	Sugars 6.3g 7%	Salt 1.7g 28%	

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SOFTER FOODS



**Purée Petite**  
**Cheese & Onion Bake**  
**(Oven Cook Only)**

Puréed Cheddar cheese and onion bake served with broccoli and duchess potatoes.

**7012** **£6.19** 275g **V**

Each meal contains

Energy 2237 kJ 539 kcal 27%	Fat <b>40g</b> 57%	Saturates <b>11g</b> 55%	Sugars <b>6.1g</b> 7%	Salt <b>1.7g</b> 28%
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% of an adult's reference intake



**Purée Petite Sausage,**  
**Chips & Beans**

Puréed pork sausages served with chips and baked beans.

**7013** **£6.35** 275g

Each meal contains

Energy 2116 kJ 508 kcal 25%	Fat <b>34g</b> 49%	Saturates <b>4.4g</b> 22%	Sugars <b>5.2g</b> 6%	Salt <b>1.9g</b> 32%
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% of an adult's reference intake



**Purée Petite**  
**Beef & Gravy**

Puréed beef in a rich gravy served with duchess potatoes and peas.

**7018** **£6.65** 275g **GF**

Each meal contains

Energy 2079 kJ 500 kcal 25%	Fat <b>34g</b> 49%	Saturates <b>5.1g</b> 26%	Sugars <b>4.4g</b> 5%	Salt <b>1.8g</b> 30%
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% of an adult's reference intake



**Purée Petite**  
**Fish & Chips**  
**(Oven Cook Only)**

Tasty puréed white fish in a white sauce served with chips and peas.

**7098** **£6.55** 275g

Each meal contains

Energy 2111 kJ 508 kcal 25%	Fat <b>35g</b> 50%	Saturates <b>4.4g</b> 22%	Sugars <b>5.6g</b> 6%	Salt <b>1.8g</b> 30%
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% of an adult's reference intake



**Purée Petite**  
**Turkey in Gravy**

Puréed turkey in gravy served with sage and onion sauté potatoes and carrots.

**7026** **£6.49** 275g **GF**

Each meal contains

Energy 2094 kJ 503 kcal 25%	Fat <b>33g</b> 47%	Saturates <b>3.3g</b> 17%	Sugars <b>5.9g</b> 7%	Salt <b>1.6g</b> 27%
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% of an adult's reference intake



**Purée Petite**  
**Tomato & Basil Pasta**

Puréed pasta in a delicious tomato and basil sauce. Served with peas.

**7080** **£6.15** 275g **VEGAN**

Each meal contains

Energy 2087 kJ 502 kcal 25%	Fat <b>35g</b> 50%	Saturates <b>4.2g</b> 21%	Sugars <b>9.5g</b> 11%	Salt <b>1.8g</b> 30%
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% of an adult's reference intake



**Purée Petite**  
**Steak Casserole**

A warming puréed steak casserole served with red cabbage and duchess potatoes.

**7014** **£6.45** 275g **GF**

Each meal contains

Energy 2077 kJ 500 kcal 25%	Fat <b>36g</b> 51%	Saturates <b>5.1g</b> 26%	Sugars <b>6.5g</b> 7%	Salt <b>1.7g</b> 28%
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% of an adult's reference intake



**Purée Petite**  
**Beef Chilli**

A warming puréed beef chilli with kidney beans served with rice and peas.

**7022** **£6.49** 275g **GF**

Each meal contains

Energy 2079 kJ 500 kcal 25%	Fat <b>35g</b> 50%	Saturates <b>5.1g</b> 26%	Sugars <b>5.0g</b> 6%	Salt <b>1.8g</b> 30%
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% of an adult's reference intake

SOFTER FOODS



**Purée Petite  
Steak & Chips  
(Oven Cook Only)**

A delicious puréed beef grillsteak served with chips and peas.

7093

£6.65

275g

Each meal contains

Energy

2160 kJ

519 kcal

26%

Fat

35g

50%

Saturates

5.1g

26%

Sugars

7.0g

8%

Salt

1.9g

32%

% of an adult's reference intake



**Purée Petite  
Chicken Tikka Masala**

Puréed chicken in a medium spiced coconut and tomato sauce. Served with rice and creamed spinach.

<b>7024</b>	<b>£6.49</b>	275g	GF				
Each meal contains							
Energy 2096 kJ 504 kcal 25%	Fat <b>35g</b> 50%	Saturates <b>6.1g</b> 31%	Sugars <b>4.1g</b> 5%	Salt <b>1.7g</b> 28%			
% of an adult's reference intake							




**Purée Petite  
Vegetarian Sausages**

Puréed vegetarian sausages served with mashed potato and peas.

7095

£6.29

275g



Each meal contains

Energy

2145 kJ

516 kcal

26%

Fat

36g

51%

Saturates

3.5g

18%

Sugars

4.6g

5%

Salt

1.7g

28%

% of an adult's reference intake



**Purée Petite Vegetable  
& Bean Casserole**

A comforting puréed vegetable and bean casserole served with peas and sauté potatoes.

7049

£6.15

275g

GF

Each meal contains

Energy

2133 kJ

514 kcal

26%

Fat

37g

53%

Saturates

3.5g

18%

Sugars

5.4g

6%

Salt

1.7g

28%

% of an adult's reference intake



**Purée Petite  
Chicken in Rich Gravy**

Puréed chicken breast in a chicken gravy. Served with broccoli and duchess potatoes.

<b>7379</b>	<b>£6.45</b>	345g	<b>GF</b>				
Each meal contains							
<b>Energy</b> 2325 kJ 560 kcal 28%	<b>Fat</b> <b>41g</b> 59%	<b>Saturates</b> <b>5.8g</b> 29%	<b>Sugars</b> <b>4.3g</b> 5%	<b>Salt</b> <b>2.1g</b> 35%			
% of an adult's reference intake							



**Purée Petite Macaroni Cheese**

Delicious puréed pasta in a comforting cheese sauce served with broccoli.

7306

£5.99

340g

Each meal contains

Energy

2136 kJ

514 kcal

26%

Fat

36g

51%

Saturates

14g

70%

Sugars

5.2g

6%

Salt

1.9g

32%

% of an adult's reference intake

SAUCES FOR EVEN MORE FLAVOUR

These Purée Petite dishes are served with sensational sauces making them extra delicious.



**Purée Petite Chicken &  
Vegetable Casserole**

Puréed chicken and vegetable casserole in gravy. Served with sauté potatoes and carrots & swede.

7356

£6.55

345g

GF

Each meal contains

Energy

2263 kJ

544 kcal

27%

Fat

36g

51%

Saturates

3.6g

18%

Sugars

7.2g

8%

Salt

2.0g

33%

% of an adult's reference intake



**Purée Petite Lamb in  
Mint Gravy**

Puréed lamb in a mint gravy. Served with carrots & swede and duchess potatoes.

<b>7357</b>	<b>£6.65</b>	345g	Each meal contains				
Energy 2248 kJ 541 kcal 27%	Fat <b>37g</b> 53%	Saturates <b>5.7g</b> 29%	Sugars <b>6.5g</b> 7%	Salt <b>2.0g</b> 33%			
% of an adult's reference intake							

SOFTER FOODS



**Purée Classic Beef Stew**

A warming puréed stew made with beef, onions and carrots. Served in gravy with mashed potato and parsnips.

362	£6.49	480g	GF
Each meal contains			
Energy 2184 kJ 522 kcal 26%	Fat 25g 36%	Saturates 5.6g 28%	Sugars 8.6g 10%
			Salt 1.7g 28%
% of an adult's reference intake			



**Purée Classic Shepherd's Pie (Oven Cook Only)**

Puréed seasoned lamb and mutton topped with mashed potato and served with carrots.

383	£6.49	430g	GF
Each meal contains			
Energy 2115 kJ 504 kcal 25%	Fat 20g 29%	Saturates 5.8g 29%	Sugars 10g 11%
			Salt 1.4g 23%
% of an adult's reference intake			

SOFTER FOODS



**Purée Classic Salmon Supreme**

Puréed salmon with carrots and peppers in a creamy sauce. Served with mashed potato and broccoli.

368	£6.65	480g	GF
Each meal contains			
Energy 2246 kJ 537 kcal 27%	Fat 26g 37%	Saturates 8.6g 43%	Sugars 13g 14%
			Salt 1.4g 23%
% of an adult's reference intake			



**Purée Classic Fish in Creamy Sauce**

Puréed white fish in a creamy sauce. Served with mashed potato and carrots.

367	£6.59	480g	
Each meal contains			
Energy 2143 kJ 511 kcal 26%	Fat 19g 27%	Saturates 7.1g 36%	Sugars 16g 18%
			Salt 1.3g 22%
% of an adult's reference intake			



**Purée Classic Mediterranean Vegetable Pasta**

Puréed tomato and carrot pasta seasoned with mediterranean herbs. Served with mashed potato, peas and tomato sauce.

392	£6.19	480g	VEGAN
Each meal contains			
Energy 1908 kJ 456 kcal 23%	Fat 20g 29%	Saturates 2.5g 13%	Sugars 9.3g 10%
			Salt 1.6g 27%
% of an adult's reference intake			



**Purée Classic Turkey in Gravy**

Delicious puréed turkey breast in a smooth gravy. Served with mashed potato, carrots and swede.

7353	£6.39	480g	GF
Each meal contains			
Energy 2112 kJ 505 kcal 25%	Fat 24g 34%	Saturates 3.1g 16%	Sugars 10g 11%
			Salt 1.4g 23%
% of an adult's reference intake			



**Purée Classic Cottage Pie (Oven Cook Only)**

Seasoned beef topped with mashed potato and served with peas.

360	£6.45	430g	GF
Each meal contains			
Energy 2103 kJ 502 kcal 25%	Fat 22g 31%	Saturates 5.5g 28%	Sugars 7.5g 8%
			Salt 1.5g 25%
% of an adult's reference intake			



**Purée Classic Beef Grillsteak**

Puréed beef grillsteak served with mashed potato, baked beans and gravy.

384	£6.55	480g	GF
Each meal contains			
Energy 2097 kJ 500 kcal 25%	Fat 19g 27%	Saturates 4.7g 24%	Sugars 9.2g 10%
			Salt 1.7g 28%
% of an adult's reference intake			

SOFTER FOODS



**Purée Classic Beef & Gravy**

Puréed beef in a tasty gravy. Served with mashed potato and peas.

<b>363</b>	<b>£6.65</b>	480g	GF
Each meal contains			
Energy 2107 kJ 503 kcal 25%	Fat <b>22g</b> 31%	Saturates <b>4.9g</b> 25%	Sugars <b>8.8g</b> 10%
			Salt <b>1.8g</b> 30%
% of an adult's reference intake			



**Purée Classic Chicken Curry**

Puréed chicken curry with mashed potato and cauliflower in a mild curry sauce.

<b>371</b>	<b>£6.39</b>	480g	
Each meal contains			
Energy 1886 kJ 450 kcal 23%	Fat <b>20g</b> 29%	Saturates <b>4.1g</b> 21%	Sugars <b>14g</b> 16%
			Salt <b>1.7g</b> 28%
% of an adult's reference intake			



**Purée Classic Pork & Apple Casserole**

Puréed pork and apple casserole in gravy served with mashed potato and parsnips.

<b>378</b>	<b>£6.55</b>	480g	GF
Each meal contains			
Energy 2092 kJ 501 kcal 25%	Fat <b>27g</b> 39%	Saturates <b>5.2g</b> 26%	Sugars <b>10g</b> 11%
			Salt <b>1.5g</b> 25%
% of an adult's reference intake			



**Purée Classic Cheese Omelette**

Puréed cheese omelette with a delicious Cheddar and Emmental cheese sauce. Served with mashed potato and baked beans.

<b>396</b>	<b>£6.19</b>	480g	GF V
Each meal contains			
Energy 2363 kJ 566 kcal 28%	Fat <b>31g</b> 44%	Saturates <b>13g</b> 65%	Sugars <b>11g</b> 12%
			Salt <b>1.3g</b> 22%
% of an adult's reference intake			



**Purée Classic Vegetable Curry**

Puréed cauliflower, pea, tomato, carrot, broccoli and swede curry served with mashed potato, parsnips and curry sauce.

<b>394</b>	<b>£6.19</b>	480g	VEGAN
Each meal contains			
Energy 1801 kJ 430 kcal 22%	Fat <b>17g</b> 24%	Saturates <b>1.7g</b> 9%	Sugars <b>12g</b> 13%
			Salt <b>1.3g</b> 22%
% of an adult's reference intake			

SOFTER FOODS



**Puréed Cheese & Onion Quiche (Oven Cook Only)**

A tasty puréed pastry base with a classic cheese and onion filling.

<b>7039</b>	<b>£3.55</b>	120g	V
Each pack contains			
Energy 854 kJ 205 kcal 10%	Fat <b>14g</b> 20%	Saturates <b>6.7g</b> 34%	Sugars <b>1.6g</b> 2%
			Salt <b>0.73g</b> 12%
% of an adult's reference intake			



**Puréed Quiche Lorraine (Oven Cook Only)**

Puréed quiche, made with smoked streaky bacon, onion and leek, on a tasty puréed pastry base.

<b>7029</b>	<b>£3.55</b>	120g	
Each pack contains			
Energy 852 kJ 205 kcal 10%	Fat <b>16g</b> 23%	Saturates <b>7.2g</b> 36%	Sugars <b>1.3g</b> 1%
			Salt <b>0.56g</b> 9%
% of an adult's reference intake			

*A trio of tasty toasties*

A puréed toasted sandwich makes the perfect quick and easy lunch. Ours are beautifully browned and made with Cheddar cheese, tuna with cheese, or bacon, on puréed white bread.



**Puréed Hot Cheese Toastie**

<b>7038</b>	<b>£3.99</b>	200g	V
Each pack contains			
Energy 1484 kJ 356 kcal 18%	Fat <b>20g</b> 29%	Saturates <b>5.9g</b> 30%	Sugars <b>8.0g</b> 9%
			Salt <b>0.99g</b> 16%
% of an adult's reference intake			



**Puréed Hot Tuna Toastie**

<b>7037</b>	<b>£3.99</b>	200g	
Each pack contains			
Energy 1390 kJ 334 kcal 17%	Fat <b>18g</b> 26%	Saturates <b>5.0g</b> 25%	Sugars <b>5.7g</b> 6%
			Salt <b>0.89g</b> 15%
% of an adult's reference intake			



**Puréed Hot Bacon Toastie**

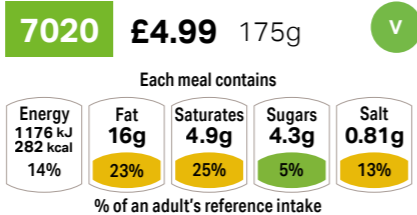
<b>7036</b>	<b>£3.99</b>	200g	
Each pack contains			
Energy 1254 kJ 300 kcal 15%	Fat <b>15g</b> 21%	Saturates <b>3.6g</b> 18%	Sugars <b>2.9g</b> 3%
			Salt <b>0.85g</b> 14%
% of an adult's reference intake			

SOFTER FOODS



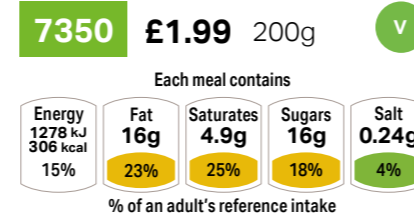
**Puréed Beans on Toast**

A classic dish of puréed baked beans on toast.



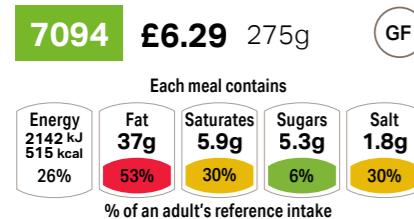
**Puréed Porridge**

Smooth and creamy puréed porridge.



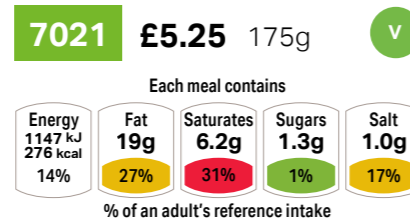
**Purée Petite All Day Breakfast**

A puréed British classic of sausages, baked beans and scrambled egg.



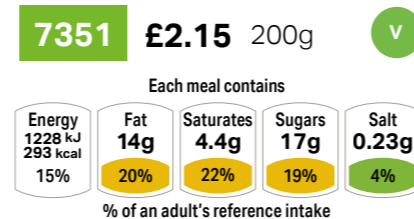
**Puréed Scrambled Eggs on Toast**

A breakfast favourite of puréed scrambled eggs on toast.



**Puréed Apple & Cinnamon Porridge**

A creamy puréed porridge with delicious apple and cinnamon.

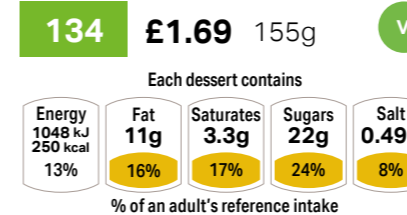


SOFTER FOODS



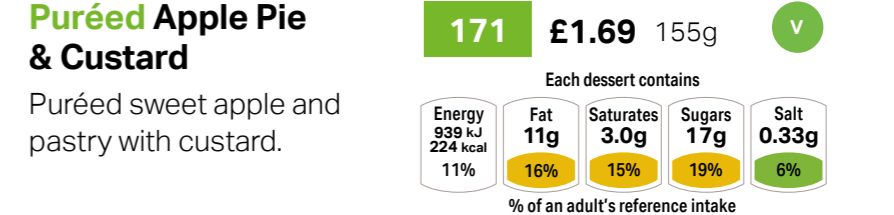
**Puréed Bakewell Sponge & Custard**

Puréed mixed fruit and almond flavour sponge with custard.



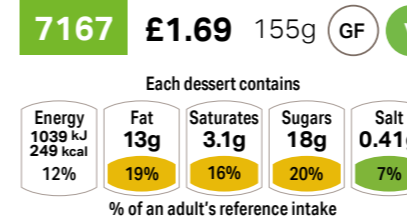
**Puréed Apple Pie & Custard**

Puréed sweet apple and pastry with custard.



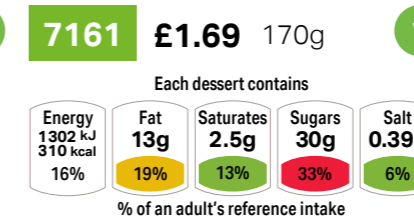
**Puréed Summer Fruit Sponge & Custard**

Delicious puréed blackberries, strawberries, blackcurrants and cherries with sponge. Served with custard.



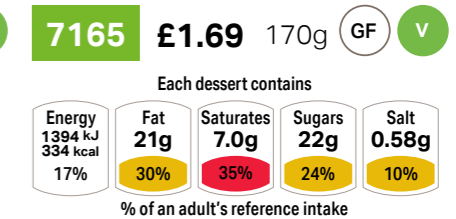
**Puréed Lemon Sponge**

Puréed lemon flavoured sponge in a lemon sauce.



**Puréed Sticky Toffee Pudding & Custard**

A sweet and creamy puréed toffee pudding served with custard.



## Delicious hot cakes to enjoy



### Puréed Hot Apple Cake (Oven Cook Only)

Sweet and fruity apple cake with hints of cinnamon, topped with a layer of puréed apple.

<b>7045</b>	<b>£2.89</b>	120g	V
Each pack contains			
Energy 849 kJ 204 kcal 10%	Fat 12g 17%	Saturates 4.6g 23%	Sugars 15g 17%
Salt 0.20g 3%			
% of an adult's reference intake			



### Puréed Hot Chocolate Cake (Oven Cook Only)

A deliciously rich puréed chocolate cake.

<b>7044</b>	<b>£2.89</b>	120g	V
Each pack contains			
Energy 1029 kJ 247 kcal 12%	Fat 14g 20%	Saturates 3.4g 17%	Sugars 18g 20%
Salt 0.23g 4%			
% of an adult's reference intake			



### Puréed Coffee Dessert

A delicious and tasty coffee dessert with vanilla flavoured decoration.

<b>414</b>	<b>£1.69</b>	77g	GF	V
Each dessert contains				
Energy 540 kJ 129 kcal 6%	Fat 4.2g 6%	Saturates 3.9g 20%	Sugars 17g 19%	Salt 0.21g 4%
% of an adult's reference intake				



### Puréed Chocolate Mousse

A fluffy chocolate flavoured mousse. With sugar and sweetener.

<b>416</b>	<b>£1.69</b>	65g	GF	V
Each dessert contains				
Energy 379 kJ 92 kcal 5%	Fat 3.8g 5%	Saturates 3.2g 16%	Sugars 4.5g 5%	Salt 0.17g 3%
% of an adult's reference intake				



### Puréed Strawberry Mousse

A refreshing strawberry flavoured mousse. With sugar and sweetener.

<b>418</b>	<b>£1.69</b>	65g	GF	V
Each dessert contains				
Energy 356 kJ 86 kcal 4%	Fat 3.7g 5%	Saturates 3.2g 16%	Sugars 4.5g 5%	Salt 0.08g 1%
% of an adult's reference intake				

# Minced Meals

Enjoy these tasty favourites complete with lots of lovely sides, all perfectly prepared for a Level 5 diet.



“

I order the minced meals for my husband. They are delicious and just the right texture. Good value for money too.

Mrs D  
Wiltshire Farm Foods  
Customer

### Minced Cottage Pie

A British classic made with minced beef and topped with mashed potato. Served with mashed carrot and swede.

<b>119</b>	<b>£5.39</b>	425g	GF
Each meal contains			
Energy 1864 kJ 445 kcal 22%	Fat 18g 26%	Saturates 4.4g 22%	Sugars 9.8g 11%
Salt 1.8g 30%			
% of an adult's reference intake			

### Minced Sticky Toffee Pudding

Delicious sponge served with a tasty toffee sauce.

<b>7811</b>	<b>£1.95</b>	160g	GF	V
Each dessert contains				
Energy 1823 kJ 436 kcal 22%	Fat 23g 33%	Saturates 11g 55%	Sugars 39g 43%	Salt 0.46g 8%
% of an adult's reference intake				



### Minced Salmon Supreme

Salmon with onion, tomato and carrot in a tasty sauce. Served with parsley mashed potato, carrots and broccoli.

**104** **£5.45** 400g GF

Each meal contains				
Energy 1641 kJ 392 kcal 20%	Fat <b>18g</b> 26%	Saturates <b>3.1g</b> 16%	Sugars <b>13g</b> 14%	Salt <b>1.1g</b> 18%

% of an adult's reference intake



### Minced Mediterranean Vegetables

A tempting mix of carrots, courgettes, mushrooms and spinach in a tomato sauce. Served with parsley mashed potato, parsnips and sprouts.

**115** **£4.99** 410g VEGAN

Each meal contains				
Energy 1494 kJ 357 kcal 18%	Fat <b>13g</b> 19%	Saturates <b>1.2g</b> 6%	Sugars <b>13g</b> 14%	Salt <b>1.0g</b> 17%

% of an adult's reference intake



### Minced Creamy Chicken Pie

Delicious minced chicken in a creamy sauce topped with mashed potato. Served with carrots and broccoli.

**7202** **£5.55** 425g GF

Each meal contains				
Energy 1782 kJ 425 kcal 21%	Fat <b>16g</b> 23%	Saturates <b>4.5g</b> 23%	Sugars <b>11g</b> 12%	Salt <b>1.6g</b> 27%

% of an adult's reference intake



### Minced Chicken Curry

Chicken in a mild tomato and onion curry sauce. Served with white rice, broccoli and cauliflower.

**105** **£5.49** 410g GF

Each meal contains				
Energy 2245 kJ 536 kcal 27%	Fat <b>21g</b> 30%	Saturates <b>2.6g</b> 13%	Sugars <b>12g</b> 13%	Salt <b>1.2g</b> 20%

% of an adult's reference intake



### Minced Macaroni Cheese

An Italian classic of pasta cooked in cheese sauce. Served with mashed potato, broccoli, carrots & swede.

**112** **£4.99** 410g V

Each meal contains				
Energy 1762 kJ 421 kcal 21%	Fat <b>19g</b> 27%	Saturates <b>7.4g</b> 37%	Sugars <b>8.9g</b> 10%	Salt <b>1.5g</b> 25%

% of an adult's reference intake



### Minced Chicken & Vegetable Casserole

Chicken and vegetable casserole made with carrots, swede and herbs. Served with mashed potato, carrots and Brussels sprouts.

**107** **£5.45** 400g GF

Each meal contains				
Energy 2137 kJ 511 kcal 26%	Fat <b>25g</b> 36%	Saturates <b>3.0g</b> 15%	Sugars <b>8.0g</b> 9%	Salt <b>1.3g</b> 22%

% of an adult's reference intake



### Minced Chicken in Rich Gravy

Tender chicken breast in a rich, seasoned gravy. Served with mashed potato, carrots and swede.

**7128** **£5.49** 410g GF

Each meal contains				
Energy 1398 kJ 333 kcal 17%	Fat <b>11g</b> 16%	Saturates <b>1.0g</b> 5%	Sugars <b>7.5g</b> 8%	Salt <b>1.4g</b> 23%

% of an adult's reference intake



### Minced Cheesy Potato Bake

Potatoes, onion and carrots in cheese sauce served with mashed potato, carrots and parsnips.

**117** **£5.45** 400g V

Each meal contains				
Energy 1509 kJ 360 kcal 18%	Fat <b>12g</b> 17%	Saturates <b>4.8g</b> 24%	Sugars <b>17g</b> 19%	Salt <b>1.3g</b> 22%

% of an adult's reference intake



### Minced Turkey in Gravy

Succulent turkey breast in a rich, seasoned gravy. Served with mashed potato, carrots and Brussels sprouts.

**7129** **£5.55** 400g GF

Each meal contains				
Energy 1386 kJ 330 kcal 17%	Fat <b>12g</b> 17%	Saturates <b>1.2g</b> 6%	Sugars <b>5.0g</b> 6%	Salt <b>1.7g</b> 28%

% of an adult's reference intake



### Minced Rich Beef Stew

Tender British and Irish beef stew with carrots and swede. Served with mashed potato, broccoli and cauliflower.

**7125** **£5.59** 400g GF

Each meal contains				
Energy 1396 kJ 333 kcal 17%	Fat <b>14g</b> 20%	Saturates <b>4.5g</b> 23%	Sugars <b>6.0g</b> 7%	Salt <b>1.5g</b> 25%

% of an adult's reference intake



### Minced Pasta Bolognese

Minced pasta and beef in a rich Bolognese sauce. Served with carrots.

**7204** **£5.35** 410g

Each meal contains					
Energy 1710 kJ 408 kcal 20%	Fat 15g 21%	Saturates 4.4g 22%	Sugars 13g 14%	Salt 1.4g 23%	

% of an adult's reference intake

### Fancy a dessert?

Why not try our Minced Sticky Toffee Pudding



Find it on page 21



### Minced Fisherman's Pie

Tasty minced smoked haddock and white fish in a white sauce topped with mashed potato. Served with broccoli.

**7203** **£5.45** 435g

Each meal contains					
Energy 2099 kJ 502 kcal 25%	Fat 27g 39%	Saturates 2.4g 12%	Sugars 6.6g 7%	Salt 1.2g 20%	

% of an adult's reference intake



### Minced Lamb Stew

A tasty stew with lamb, carrots and seasoning, served with mashed potato, parsnips and Brussels sprouts.

**111** **£5.49** 400g

Each meal contains					
Energy 1429 kJ 341 kcal 17%	Fat 14g 20%	Saturates 4.9g 25%	Sugars 7.8g 9%	Salt 1.4g 23%	

% of an adult's reference intake

## Served with sensational sauces



### Minced Cod in Parsley Sauce

Minced cod in a delicious parsley sauce. Served with mashed potato, carrots and broccoli.

**7209** **£6.19** 400g

Each meal contains					
Energy 1841 kJ 441 kcal 22%	Fat 26g 37%	Saturates 5.8g 29%	Sugars 6.1g 7%	Salt 1.6g 27%	

% of an adult's reference intake



### Minced Salmon in Dill Sauce

Delicious minced salmon in a creamy dill sauce served with mashed potato, broccoli and carrots.

**7212** **£6.19** 370g

Each meal contains					
Energy 1850 kJ 444 kcal 22%	Fat 26g 37%	Saturates 6.4g 32%	Sugars 9.7g 11%	Salt 1.1g 18%	

% of an adult's reference intake

**IMPORTANT:** When heating our shaped minced dishes, always set your microwave to **HALF POWER**.



### Minced Sausages in Onion Gravy

Filling pork in a flavoursome onion and herb gravy. Served with parsley mashed potato, carrots and broccoli.

**109** **£5.49** 400g

Each meal contains					
Energy 2127 kJ 511 kcal 26%	Fat 30g 43%	Saturates 8.8g 44%	Sugars 6.0g 7%	Salt 1.1g 18%	

% of an adult's reference intake



### Minced Fish in Mornay Sauce

Delicious white fish cooked with Mornay cheese sauce. Served with mashed potato, carrots and broccoli.

**103** **£5.45** 410g

Each meal contains					
Energy 2145 kJ 514 kcal 26%	Fat 30g 43%	Saturates 6.8g 34%	Sugars 15g 17%	Salt 1.7g 28%	

% of an adult's reference intake



### Minced Pork & Root Vegetable Casserole

Tasty pork casserole made with carrots, swede and onion. Served with mashed potato, cauliflower and Brussels sprouts

**7108** **£5.55** 400g

Each meal contains					
Energy 2106 kJ 505 kcal 25%	Fat 25g 36%	Saturates 5.2g 26%	Sugars 6.9g 8%	Salt 1.1g 18%	

% of an adult's reference intake

# Soft & Bite-Sized Meals

Sticking to a Level 6 diet is easy with these satisfying favourites, each created with expertise by our chefs.



“The Level 6 food is fantastic. They are tasty and smell great too.”

Mrs L  
Wiltshire Farm Foods  
Customer

## Soft & Bite-Sized Macaroni Cheese

Pasta in a cheese sauce. Served with a vibrant root vegetable ratatouille.

7341	£5.25	355g	V
Each meal contains			
Energy 2307 kJ 553 kcal 28%	Fat 34g 49%	Saturates 16g 80%	Sugars 14g 16%
% of an adult's reference intake			
Salt 1.8g 30%			

## Soft & Bite-Sized Sticky Toffee Pudding

A delicious toffee sauce with custard, topped with treacle sponge pieces.

7821	£1.99	150g	V
Each dessert contains			
Energy 1298 kJ 311 kcal 16%	Fat 17g 24%	Saturates 6.0g 30%	Sugars 22g 24%
% of an adult's reference intake			
Salt 0.53g 9%			



## Soft & Bite-Sized Chicken in a Creamy Mushroom Sauce

Chicken\* in a creamy mushroom sauce, served with cheesy garlic potatoes, butternut squash and root vegetable mash.

7349	£5.75	360g	GF
Each meal contains			
Energy 1439 kJ 344 kcal 17%	Fat 16g 23%	Saturates 6.3g 32%	Sugars 8.6g 10%
% of an adult's reference intake			
Salt 1.9g 32%			



## Soft & Bite-Sized Cottage Pie

Classic cottage pie with minced beef, topped with mashed potato. Served with carrots and mashed swede.

7310	£5.55	440g	GF
Each meal contains			
Energy 1778 kJ 423 kcal 21%	Fat 14g 20%	Saturates 3.0g 15%	Sugars 12g 13%
% of an adult's reference intake			
Salt 1.8g 30%			



## Soft & Bite-Sized Cheese and Onion Pie

Tasty cheese and onion topped with mashed potato. Served with mashed broccoli, carrots and swede.

7317	£5.39	450g	V
Each meal contains			
Energy 2172 kJ 522 kcal 26%	Fat 35g 50%	Saturates 9.1g 46%	Sugars 10g 11%
% of an adult's reference intake			
Salt 1.6g 27%			



## Soft & Bite-Sized Creamy Chicken Pie

Delicious chicken\* in a creamy sauce topped with mashed potato. Served with mashed broccoli, diced carrots and swede.

7325	£5.65	415g	GF
Each meal contains			
Energy 1612 kJ 385 kcal 19%	Fat 16g 23%	Saturates 4.4g 22%	Sugars 11g 12%
% of an adult's reference intake			
Salt 1.8g 30%			

SOFTER FOODS



Soft & Bite-Sized Sausages in Onion Gravy

Diced pork sausage in onion gravy. Served with Cheddar cheese mashed potato and carrots tumbled in honey.

**7346** **£5.69** 420g

Each meal contains

Energy 1994 kJ 478 kcal 24%	Fat 29g 41%	Saturates 14g 70%	Sugars 10g 11%	Salt 2.5g 42%
% of an adult's reference intake				



Soft & Bite-Sized Beef Hotpot

Delicious minced beef cooked in a rich gravy, topped with garlic, parsley and thyme potatoes with a side of cheesy puréed spinach.

**7344** **£5.69** 410g **GF**

Each meal contains

Energy 2233 kJ 535 kcal 27%	Fat 32g 46%	Saturates 11g 55%	Sugars 8.3g 9%	Salt 2.0g 33%
% of an adult's reference intake				



Soft & Bite-Sized Shepherd's Pie

Warming minced mutton in a flavoursome gravy, topped with fluffy mashed potato and a side of mixed herby root vegetables.

**7348** **£5.59** 430g **GF**

Each meal contains

Energy 1775 kJ 426 kcal 21%	Fat 24g 34%	Saturates 9.2g 46%	Sugars 7.8g 9%	Salt 1.7g 28%
% of an adult's reference intake				



Soft & Bite-Sized Chicken in Gravy

Tasty chicken\* in a rich gravy, with sage and onion potatoes. Served with a cauliflower and broccoli cheese purée and diced carrots.

**7342** **£5.69** 365g **GF**

Each meal contains

Energy 1530 kJ 366 kcal 18%	Fat 20g 29%	Saturates 4.3g 22%	Sugars 5.7g 6%	Salt 2.1g 35%
% of an adult's reference intake				



Soft & Bite-Sized Fish Pie

A tempting fish pie with smoked haddock and white fish, topped with mashed potato. Served with carrots.

**7312** **£5.65** 460g **GF**

Each meal contains

Energy 2148 kJ 514 kcal 26%	Fat 27g 39%	Saturates 2.3g 12%	Sugars 9.9g 11%	Salt 1.4g 23%
% of an adult's reference intake				

Nutritional Information

Typical nutritional information per portion																	
CODE	DESCRIPTION	PAGE NO.	Weight g	Energy kcal	Fat g	Saturates g	Sugars g	Salt g	Carbs g	Fibre g	Protein g	Pot(K+) mg					
Purée Petite Meals LEVEL 4 (Brochure pg 7-13)																	
7099	Purée Petite Omelette, Chips & Beans	8	275g	516	26	36	51	9.8	49	6.0	7	1.5	25	29	3.7	18	588
7097	Purée Petite Sausage & Mash	8	275g	501	25	36	51	4.6	23	4.0	4	1.9	32	20	7.9	22	426
7397	Purée Petite Spaghetti Bolognaise	8	300g	504	25	31	44	8.8	44	9.8	11	1.8	30	31	4.2	22	737
7017	Purée Petite Pork & Gravy	8	275g	524	26	40	57	6.7	34	5.6	6	1.5	25	17	6.9	21	584
7023	Purée Petite Sweet & Sour Chicken	9	275g	507	25	34	49	4.4	22	8.4	9	1.7	28	27	3.3	21	480
7047	Purée Petite Salmon Fillet (Oven Cook Only)	9	275g	516	26	36	51	5.1	26	7.2	8	1.5	25	23	7.2	22	664
7027	Purée Petite Chicken Chasseur	9	275g	518	26	36	51	3.5	18	5.0	6	1.7	28	23	5.9	22	596
7048	Purée Petite Lamb Chop	9	275g	501	25	36	51	6.4	32	6.3	7	1.7	28	20	7.7	20	565
7012	Purée Petite Cheese & Onion Bake (Oven Cook Only)	10	275g	539	27	40	57	11	55	6.1	7	1.7	28	23	7.2	18	495
7013	Purée Petite Sausage, Chips & Beans	10	275g	508	25	34	49	4.4	22	5.2	6	1.9	32	26	4.2	22	620
7018	Purée Petite Beef & Gravy	10	275g	500	25	34	49	5.1	26	4.4	5	1.8	30	21	8.3	23	557
7098	Purée Petite Fish & Chips (Oven Cook Only)	10	275g	508	25	35	50	4.4	22	5.6	6	1.8	30	24	5.6	21	619
7026	Purée Petite Turkey in Gravy	11	275g	503	25	33	47	3.3	17	5.9	7	1.6	27	27	4.1	22	660
7080	Purée Petite Tomato & Basil Pasta	11	275g	502	25	35	50	4.2	21	9.5	11	1.8	30	28	7.0	15	571
7014	Purée Petite Steak Casserole	11	275g	500	25	36	51	5.1	26	6.5	7	1.7	28	21	7.0	20	703
7022	Purée Petite Beef Chilli	11	275g	500	25	35	50	5.1	26	5.0	6	1.8	30	22	7.5	20	432
7093	Purée Petite Steak & Chips (Oven Cook Only)	12	275g	519	26	35	50	5.1	26	7.0	8	1.9	32	26	5.8	21	745
7024	Purée Petite Chicken Tikka Masala	12	275g	504	25	35	50	6.1	31	4.1	5	1.7	28	24	4.9	21	536
7095	Purée Petite Vegetarian Sausages	12	275g	516	26	36	51	3.5	18	4.6	5	1.7	28	27	8.4	16	370
7049	Purée Petite Vegetable & Bean Casserole	12	275g	514	26	37	53	3.5	18	5.4	6	1.7	28	24	10	16	459
7379	Purée Chicken in Rich Gravy	13	345g	560	28	41	59	5.8	29	4.3	5	2.1	35	23	5.8	22	722
7306	Purée Macaroni Cheese	13	340g	514	26	36	51	14	70	5.2	6	1.9	32	24	4.4	21	291
7356	Purée Chicken & Vegetable Casserole	13	345g	544	27	36	51	3.6	18	7.2	8	2.0	33	29	6.7	22	715
7357	Purée Lamb in Mint Gravy	13	345g	541	27	37	53	5.7	29	6.5	7	2.0	33	28	6.6	20	677
Purée Classic Meals LEVEL 4 (Brochure pg 14-16)																	
362	Purée Classic Beef Stew	14	480g	522	26	25	36	5.6	28	8.6	10	1.7	28	48	8.7	22	1186
383	Purée Classic Shepherd's Pie (Oven Cook Only)	14	430g	504	25	20	29	5.8	29	10	11	1.4	23	57	6.5	20	984
392	Purée Classic Mediterranean Vegetable Pasta	14	480g	456	23	20	29	2.5	13	9.3	10	1.6	27	47	9.5	17	797
7353	Purée Classic Turkey in Gravy	14	480g	505	25	24	34	3.1	16	10	11	1.4	23	46	8.7	21	867
368	Purée Classic Salmon Supreme	15	480g	537	27	26	37	8.6	43	13	14	1.4	23	50	8.0	21	1128
367	Purée Classic Fish in Creamy Sauce	15	480g	511	26	19	27	7.1	36	16	18	1.3	22	59	7.8	21	1115
360	Purée Classic Cottage Pie (Oven Cook Only)	15	430g	502	25	22	31	5.5	28	7.5	8	1.5	25	49	7.0	24	1088
384	Purée Classic Beef Grillsteak	15	480g	500	25	19	27	4.7	24	9.2	10	1.7	28	53	8.4	24	1121
363	Purée Classic Beef & Gravy	16	480g	503	25	22	31	4.9	25	8.8	10	1.8	30	50	9.9	22	1042
371	Purée Classic Chicken Curry	16	480g	450	23	20	29	4.1	21	14	16	1.7	28	42	8.0	22	901
378	Purée Classic Pork & Apple Casserole	16	480g	501	25	27	39	5.2	26	10	11	1.5	25	40	7.6	20	789
396	Purée Classic Cheese Omelette	16	480g	566	28	31	44	13	65	11	12	1.3	22	47	5.9	22	793
394	Purée Classic Vegetable Curry	16	480g	430	22	17	24	1.7	9	12	13	1.3	22	49	9.3	15	809
Purée Snacks, Sandwiches & Breakfasts LEVEL 4 (Brochure pg 17-18)																	
7039	Puréed Cheese & Onion Quiche (Oven Cook Only)	17	120g	205	10	14	20	6.7	34	1.6	2	0.73	12	11	1.9	7.3	102
7029	Puréed Quiche Lorraine (Oven Cook Only)	17	120g	205	10	16	23	7.2	36	1.3	1	0.56	9	9.0	1.2	6.5	196
7038	Puréed Hot Cheese Toastie	17	200g	356	18	20	29	5.9	30	8.0	9	0.99	16	27	7.7	12	293
7037	Puréed Hot Tuna Toastie	17	200g	334	17	18	26	5.0	25	5.7	6	0.89	15	25	6.8	13	274
7036	Puréed Hot Bacon Toastie	17	200g	300	15	15	21	3.6	18	2.9	3	0.85	14	28	3.2	11	231
7020	Puréed Beans on Toast	18	175g	282	14	16	23	4.9	25	4.3	5	0.81	13	25	3.5	8.7	256
7350	Puréed Porridge	18	200g	306	15	16	23	4.9	25	16	18	0.24	4	33	2.5	6.2	340
7094	Purée Petite All Day Breakfast	18	275g	515	26	37	53	5.9	30	5.3	6	1.8	30	21	3.7	24	438
7021	Puréed Scrambled Eggs on Toast	18	175g	276	14	19	27	6.2	31	1.3	1	1.0	17	15	3.6	8.6	112
7351	Puréed Apple & Cinnamon Porridge	18	200g	293	15	14	20	4.4	22	17	19	0.23	4	34	2.6	5.6	333

\* Please refer to page 31

# Nutritional Information

(continued)

Typical nutritional information per portion																	
CODE	DESCRIPTION	PAGE NO.	Weight g	Energy kcal	Fat g	Saturates g	Sugars g	Salt g	Carbs g	Fibre g	Protein g	Pot(K+) mg					
Purée Cakes & Desserts LEVEL 4 (Brochure pg 19-20)																	
134	Purée Bakewell Sponge & Custard	19	155g	250	13	11	16	3.3	17	22	24	0.49	8	33	0.7	3.3	192
171	Purée Apple Pie & Custard	19	155g	224	11	11	16	3.0	15	17	19	0.33	6	28	1.0	2.1	149
7167	Purée Summer Fruit Sponge & Custard	19	155g	249	12	13	19	3.1	16	18	20	0.41	7	28	3.6	3.2	187
7161	Purée Lemon Sponge	19	170g	310	16	13	19	2.5	13	30	33	0.39	6	43	0.6	5.2	293
7165	Purée Sticky Toffee Pudding & Custard	19	170g	334	17	21	30	7.0	35	22	24	0.58	10	32	3.9	3.0	208
7045	Purée Hot Apple Cake (Oven Cook Only)	20	120g	204	10	12	17	4.6	23	15	17	0.20	3	21	3.0	1.2	73
7044	Purée Hot Chocolate Cake (Oven Cook Only)	20	120g	247	12	14	20	3.4	17	18	20	0.23	4	26	3.0	2.5	110
414	Coffee Dessert	20	77g	129	6	4.2	6	3.9	20	17	19	0.21	4	18	3.5	3.2	154
416	Chocolate Mousse	20	65g	92	5	3.8	5	3.2	16	4.5	5	0.17	3	4.7	13	3.0	222
418	Strawberry Mousse	20	65g	86	4	3.7	5	3.2	16	4.5	5	0.08	1	4.5	13	2.3	103
Minced Meals LEVEL 5 (Brochure pg 21-25)																	
119	Minced Cottage Pie	21	425g	445	22	18	26	4.4	22	9.8	11	1.8	30	46	7.7	20	875
7811	Minced Sticky Toffee Pudding	21	160g	436	22	23	33	11	55	39	43	0.46	8	51	<0.5	5.5	256
104	NEW Minced Salmon Supreme	22	400g	392	20	18	26	3.1	16	13	14	1.1	18	33	8.1	21	1041
115	Minced Mediterranean Vegetables	22	410g	357	18	13	19	1.2	6	13	14	1.0	17	38	9.9	17	1282
112	Minced Macaroni Cheese	22	410g	421	21	19	27	7.4	37	8.9	10	1.5	25	44	4.8	17	608
107	Minced Chicken & Vegetable Casserole	22	400g	511	26	25	36	3.0	15	8.0	9	1.3	22	43	8.9	24	914
7128	Minced Chicken in Rich Gravy	22	410g	333	17	11	16	1.0	5	7.5	8	1.4	23	29	6.8	27	743
7202	Minced Creamy Chicken Pie	23	425g	425	21	16	23	4.5	23	11	12	1.6	27	44	4.9	25	1029
105	Minced Chicken Curry	23	410g	536	27	21	30	2.6	13	12	13	1.2	20	55	10	26	975
117	Minced Cheesy Potato Bake	23	400g	360	18	12	17	4.8	24	17	19	1.3	22	44	8.4	15	1018
7129	Minced Turkey in Gravy	23	400g	330	17	12	17	1.2	6	5.0	6	1.7	28	27	7.8	25	845
7125	Minced Rich Beef Stew	23	400g	333	17	14	20	4.5	23	6.0	7	1.5	25	24	7.0	24	995
111	Minced Lamb Stew	24	400g	341	17	14	20	4.9	25	7.8	9	1.4	23	32	10	18	1070
7203	Minced Fisherman's Pie	24	435g	502	25	27	39	2.4	12	6.6	7	1.2	20	39	5.8	24	1029
7204	Minced Pasta Bolognaise	24	410g	408	20	15	21	4.4	22	13	14	1.4	23	40	6.1	25	944
7209	Minced Cod in Parsley Sauce	25	400g	441	22	26	37	5.8	29	6.1	7	1.6	27	31	4.7	19	842
7212	Minced Salmon in Dill Sauce	25	370g	444	22	26	37	6.4	32	9.7	11	1.1	18	29	5.4	21	874
109	Minced Sausages in Onion Gravy	25	400g	511	26	30	43	8.8	44	6.0	7	1.1	18	34	9.4	21	917
103	Minced Fish in Mornay Sauce	25	410g	514	26	30	43	6.8	34	15	17	1.7	28	36	7.7	22	938
7108	Minced Pork & Root Vegetable Casserole	25	400g	505	25	25	36	5.2	26	6.9	8	1.1	18	44	8.8	21	1109
Soft & Bite-Sized Meals LEVEL 6 (Brochure pg 26-28)																	
7341	Soft & Bite-Sized Macaroni Cheese	26	355g	553	28	34	49	16	80	14	16	1.8	30	36	2.8	23	761
7821	Soft & Bite Sized Sticky Toffee Pudding	26	150g	311	16	17	24	6.0	30	22	24	0.53	9	35	0.9	2.6	107
7349	Soft & Bite-Sized Chicken in a Creamy Mushroom Sauce	27	360g	344	17	16	23	6.3	32	8.6	10	1.9	32	27	3.3	21	897
7310	Soft & Bite-Sized Cottage Pie	27	440g	423	21	14	20	3.0	15	12	13	1.8	30	54	7.7	17	810
7317	Soft & Bite-Sized Cheese and Onion Pie	27	450g	522	26	35	50	9.1	46	10	11	1.6	27	33	7.9	16	776
7325	Soft & Bite-Sized Creamy Chicken Pie	27	415g	385	19	16	23	4.4	22	11	12	1.8	30	39	4.7	20	951
7346	Soft & Bite-Sized Sausages in Onion Gravy	28	420g	478	24	29	41	14	70	10	11	2.5	42	36	4.7	16	757
7344	Soft & Bite-Sized Beef Hotpot	28	410g	535	27	32	46	11	55	8.3	9	2.0	33	33	3.6	28	1112
7348	Soft & Bite-Sized Shepherd's Pie	28	430g	426	21	24	34	9.2	46	7.8	9	1.7	28	31	6.8	17	937
7342	Soft & Bite-Sized Chicken in Gravy	28	365g	366	18	20	29	4.3	22	5.7	6	2.1	35	26	3.8	18	828
7312	Soft & Bite-Sized Fish Pie	28	460g	514	26	27	39	2.3	12	9.9	11	1.4	23	44	6.1	21	1017

# Important Information

## Our Recipes

Please note that recipes or suppliers may change from time to time if we cannot obtain the quality or quantity of ingredients we need, or to improve flavour. We therefore advise that you always refer to the label on your chosen dish, as this will show all the ingredients and indicate any allergens used in that specific recipe. While every effort is made to minimise changes, more than one recipe could be available at the same time. Ingredients and cooking instructions for our meals can also be found on our website or by contacting your local team.

## Our Meals

Our talented team of chefs create all our meal recipes in Trowbridge, Wiltshire. We source our ingredients from a range of carefully approved suppliers in the UK, Europe and worldwide.

All our main meals, mini meals and many of our snacks and desserts featured in this brochure are made by us and frozen for freshness in Wiltshire. Some of our desserts, snacks, puréed and minced meals are produced for us by suppliers in the UK and Europe.

## Ensuring Tenderness

\* We only buy our meat & fish from carefully selected suppliers who we work closely with to make sure we choose the right cuts for the recipe we are cooking.

In a small number of our meals (only those showing a star in the description) we use selected cuts of formed meat or fish to ensure your meal is as tender as possible.

Formed meat and fish are high quality ingredients; formed meat is made by binding together large individual pieces of meat into a regular shape and then slicing. Formed fish combines individual pieces of fish into regular portions.

Wiltshire Farm Foods is a division of apetito Ltd which is registered as a data controller with the Information Commissioner's Office. Our registration number is Z5944325. You can contact our data protection officer at dpo@apetito.co.uk with any concerns or queries you may have regarding your data, or to notify us that you no longer wish to receive marketing from us. You also have the right to make a complaint to the Information Commissioner's Office if you are unhappy with how we have handled your personal data.

## Definitions

- Free From**  
We work hard to ensure the relevant ingredients are not detectable, or if legal limits have been set that they are never exceeded e.g. gluten. We carry out scientific tests to make sure these strict standards are maintained.
- Made Without**  
This term shows that an ingredient is not deliberately used in a recipe. We take care to avoid any accidental inclusion, but very small amounts could be present, meaning they may not be suitable for someone living with a food allergy.
- May Contain**  
This highlights foods where a specific and unavoidable risk of accidental contamination has been identified i.e. where a supplier has told us that it's a possibility.

## Wiltshire Farm Foods Privacy Notice

- It is important to us that you know how we will use the information that you provide to us, from when you make that first enquiry and then become a valued customer. We take data protection very seriously and value the privacy of our customers.
- Please read the key points from our Privacy Notice, which can be found on our website or by contacting your local outlet.
- Wiltshire Farm Foods (a division of apetito Ltd) deliver delicious meals and desserts through a network of outlets operated by ourselves and our franchise partners. We will only disclose the necessary information with your local outlet so that they can provide services to you.
  - If you provide information about someone else to us, it is your responsibility to ensure that the individual is happy for you to share their information with us. For example, a relative or loved one.
  - We will only process your information in compliance with the law, and will delete it when required to do so.
  - We will never sell or share your information to a third party.
  - We may contact you by post, telephone or email to make sure you are happy with our service and with offers. You can change your contact preferences anytime or update your details either by speaking to your driver or calling us on 0800 066 2587.
  - To provide our service, we use trusted partners who have access to our data under strict conditions of confidentiality and security, for example to post your brochure.

## Satisfaction Guaranteed

100%  
SATISFACTION  
GUARANTEED

Terms and conditions: our satisfaction guarantee applies to all meals purchased from Wiltshire Farm Foods. To request a replacement please contact your local team or tell your delivery driver.

You must provide us with the film lid for the meal that is being replaced (at the time the replacement meal is delivered), otherwise we reserve the right to withhold the replacement meal. This guarantee is subject to fair use and we reserve the right to withhold replacement meals. We may amend the terms of this guarantee from time to time – please visit our website for the most up to date position.

# 4 Easy Order

# Menu Packs

## Purée Petite - Level 4

- 7379 **Purée** Chicken in Rich Gravy
- 7306 **Purée** Macaroni Cheese
- 7357 **Purée** Lamb in Mint Gravy
- 7397 **Purée** Petite Spaghetti Bolognese
- 7095 **Purée** Petite Vegetarian Sausages
- 7017 **Purée** Petite Pork & Gravy
- 7356 **Purée** Chicken & Vegetable Casserole
- 171 **Purée** Apple Pie & Custard
- 134 **Purée** Bakewell Sponge & Custard
- 7161 **Purée** Lemon Sponge
- 7165 **Purée** Sticky Toffee Pudding & Custard
- 7167 **Purée** Summer Fruit Sponge & Custard
- 418 **Purée** Strawberry Mousse
- 416 **Purée** Chocolate Mousse

**Only  
£56.80**

**Quote PP29  
when you  
order**

## Purée Classic - Level 4

- 367 **Purée Classic** Fish in Creamy Sauce
- 360 **Purée Classic** Cottage Pie (Oven Cook Only)
- 371 **Purée Classic** Chicken Curry
- 383 **Purée Classic** Shepherd's Pie (Oven Cook Only)
- 378 **Purée Classic** Pork & Apple Casserole
- 392 **Purée Classic** Mediterranean Vegetable Pasta
- 394 **Purée Classic** Vegetable Curry

**Only  
£44.85**

**Quote PC29  
when you  
order**



**392**  
**Purée Classic** Mediterranean  
Vegetable Pasta

## Minced - Level 5

- 115 **Minced** Mediterranean Vegetables
- 109 **Minced** Sausages in Onion Gravy
- 103 **Minced** Fish in Mornay Sauce
- 7128 **Minced** Chicken in Rich Gravy
- 105 **Minced** Chicken Curry
- 111 **Minced** Lamb Stew
- 119 **Minced** Cottage Pie

**Only  
£37.79**

**Quote MD29  
when you  
order**



**105**  
**Minced** Chicken Curry

## Soft & Bite-Sized - Level 6

- 7346 **Soft & Bite Sized** Sausages in Onion Gravy
- 7342 **Soft & Bite Sized** Chicken in Gravy
- 7310 **Soft & Bite-Sized** Cottage Pie
- 7317 **Soft & Bite-Sized** Cheese and Onion Pie
- 7348 **Soft & Bite Sized** Shepherds Pie
- 7344 **Soft & Bite Sized** Beef Hotpot
- 7312 **Soft & Bite-Sized** Fish Pie

**Only  
£39.25**

**Quote SB29  
when you  
order**



**7348**  
**Soft & Bite Sized**  
Shepherds Pie

## CALL YOUR LOCAL TEAM TO ORDER

[www.wiltshirefarmfoods.com](http://www.wiltshirefarmfoods.com)

We accept: **Cash Cheque**   

**Head office: Wiltshire Farm Foods, Canal Road, Trowbridge, Wiltshire BA14 8RJ. Email: [info@wiltshirefarmfoods.com](mailto:info@wiltshirefarmfoods.com)**

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