WILTSHIRE

EST. **FARM** 1991

FOODS

FOCO ON

SOFTER FOODS

WINTER & SPRING 2023



Making mealtimes effortless and delicious every time

Food is something everyone should look forward to. If the effort of cooking, chopping and blending has taken the joy out of eating for you - it's time to try a better way!

Let us do the hard wor $\overline{\mathbf{k}}$

Our award-winning dishes are packed with flavour, and prepared with care to be the perfect texture. Simply pop one straight into the microwave, or oven from frozen and enjoy a delicious meal without any effort at all. With 86 dishes to choose from you can enjoy all



your favourite meals - the fuss-free way.

From pasta classics to aromatic curries, fish dishes to mash-topped pies, you can enjoy every mouthful knowing the texture is just right for you. Don't miss our Purée dishes served with tasty sauces and gravies they're a flavour sensation!

Our meals are here to brighten your day and warm you up on the coldest of winter days - bringing sunshine is just what we do!

Best wishes, Dhil Himmer

Head Chef

Our Softer Foods menu is the easy way to enjoy all your favourite meals

Carefully created

Dine with confidence, safe in the knowledge that each dish is created in line with the latest texture guidance from the NHS*.

Brilliantly balanced

Thanks to the input of our expert dietitians, our meals meet a wide range of nutritional needs, with different portion options too.

Unsure which texture is right for you?

Please speak to your healthcare professional who will be able to advise you.

*iddsi.org

THREE CAREFULLY CREATED TEXTURES so many tasty meals to choose from!

Level 4 - Purée Meals

These smooth texture dishes are perfectly puréed and filled with flavour.

Pages 8-20

Try our Purée Petite Sausage, Chips & Beans on page 9

Level 5 - Minced Meals

Effortless to prepare minced dishes that require minimal chewing.

Pages 21-25

Try our Minced Cod in Parsley Sauce on page 24

Level 6 - Soft & Bite-Sized Meals

Enjoy softer textures and small, manageable pieces.

Pages 26-28

Try our Soft & Bite-Sized Ham in Parsley Sauce on page 27

Top marks from our customers...

"Beautifully presented and very tasty!"

 \star

"I was having to blend meals, but once I found these, it was a huge turning point."

Mrs V Wiltshire Farm Foods Custome

* * * * * Trustpilot

Mrs D Wiltshire Farm Foods Customer * * * * * Trustpilot

and the second



"Great variety, great service and very friendly staff who go out of their way to help."

Mr H Wiltshire Farm Foods Customer

* * * * * Trustpilot



BRIGHTENING YOUR DAY

We're committed to our customers in every way – and not just when it comes to the quality and convenience of our food.

Service with a smile – and doing things right – is what we're all about!

HOW IT WORKS

Choose how you WANT TO ORDER 1



Give your friendly local team a call



Go online - it's simple

and secure

A friend

✓ Order in just a few taps on

Stay securely logged in for \checkmark fast checkout



and cooking instructions

Select a **delivery day** \checkmark that works for you





your delivery driver





We will let you know

what delivery days are available

in your area and you can

pick one to suit you.

3

Your friendly local driver will deliver your food to your door. We'll even put your food in the freezer if you wish. Minimum order in some areas

Good Old-Fashioned Service

A friendly chat at your door or on the phone, taking the time to put your meals away these are the things that matter to us.

Made With Love

We hold our food to the highest standards - every recipe has been refined by our dietitians and award-winning chefs to be as delicious as can be.

Ethical At Heart

As members of the Ethical Trade Initiative, we play our part in protecting the planet, reducing plastic usage and sourcing sustainably where we can.

Delicious Food, **Quality Ingredients**

We've over 85 delicious dishes to choose from, with lots of choice for different diets and appetites - find your favourites.

Effortless Ordering

With no contract to worry about you can simply order when you wish - by phone, online or with your friendly local driver.

Our Experience Shines

With over 30 years' experience delivering meals, we're loved by our customers - and we've a Trustpilot rating of 'Excellent' to show for it.

100% SATISFACTION **GUARANTEED**

We'll replace any meal you're not happy with - for FREE!

So you can try any new dish without worry!

Keep the film lid from the top of your meal (if you can) then give us a call and we'll sort the rest. (See page 31 for Terms and Conditions)

Or why not download our app?

It's so easy to use at home or on the go!

your smartphone or tablet

View previous orders and re-order favourites easily

Quickly access ingredients





Add any special instructions for your order



Pay by card or choose to pay by cash on delivery

Scan this QR code with your smartphone or tablet to download the app – it's free!





We deliver FOR FREE⁴





& ENJOY!

Pop straight in the microwave or oven from frozen following the clear instructions on the label.

TAKING ACTION FOR A GREENER TOMORROW

At Wiltshire Farm Foods, it's not just our wonderful customers we treat with care and respect – it's our planet too. We strive to source ethically and sustainably wherever we can and we're on a mission to reduce plastic usage as much as possible.

We've made a commitment to reduce our carbon footprint right down until we're completely 'net zero'. With one of the strongest commitments of any company in the UK, we aim to achieve this target by 2040. There's lots of work to be done, with projects across every part of the business but the journey has begun and we're on our way!

Sustainable sourcing

We source all our ingredients with care, building relationships with suppliers who share our values, and treating them fairly.



All our beef comes from **British and Irish Farm Assured suppliers** *Excludes Corned Beef







AT LERO COMMIT

2035 . 2040

All our peas and **Bramley apples** are 100% British

We're proud supporters of the **British and Irish** food and farming industries.

Fresh Bramley Apples sourced from the orchard at Fourayes Farm, Kent.



Award-winning

We've won three prestigious Queen's Awards over the years, and currently hold the award for recognition of our commitment to sustainability.

Very easy to order nd when they arrived the delivery driver couldn't be more helpful."

65

Mrs A Wiltshire Farm Foods Customer

Good **Old-Fashioned** Service

Our customers are at the heart of everything we do. From crafting our recipes with care to going the extra mile when it comes to customer service, you can depend on us for more than just your meals. Your friendly local teams will take the time to get to know you, and your driver will even pop your meals away in your freezer for you if you wish.

> Your friendly local team is always happy to help and is waiting to take your call.

If you need assistance outside of your branch's hours, we have a 24/7 helpline.

You'll get to know your delivery driver, who'll be there with your meals whenever you need them.

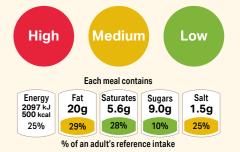
Our online live chat is another easy way to ask a real person a question.

UNDERSTAND YOUR FOOD

With our clear and simple approach, you will always know what's what.

Traffic lights

Every meal inside displays the well-known 'traffic light' system.



No added extras

Our meals are always free from:

Artificial flavours

Artificial colours

HVOs as ingredients (Hydrogenated Vegetable Oils)

Artificial trans fatty acids

GMOs (Genetically Modified Organisms)

Allergy or intolerance?

For further information about allergens please visit our website or ask your local team for our Information on Allergens and Special Diets. Additional information can be found on pages 29 and 30.

Puréed Bakewell Sponge & Custard Page 19

Purée Lamb in Mint Gravy Page 13

Puréed Scrambled Eggs on Toast Page 18

> **Delicious bakewell** sponge. Highly recommend for a sweet treat after dinner."

5

Mrs A Wiltshire Farm Foods Customer

Purée Petite Spaghetti Bolognaise Page 10

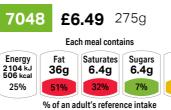
IMPORTANT: When heating our puréed dishes, always set your microwave to HALF POWER.

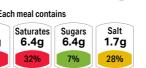
Purée Meals

Giving you choice is what we're all about at Wiltshire Farm Foods! Choose your preferred portion size from Classic and Petite and find your favourites from our 57 delicious tried and tested dishes. Don't miss our tasty new meals served with gravy – they're full of flavour and just as effortless to prepare as everything else.



Puréed lamb chop served with creamed savoy cabbage and sauté potatoes.





GF

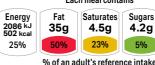
Chips & Beans Puréed pork sausages served with chips and baked beans.



Purée Petite Sausage & Mash

Puréed pork sausages with mashed potato and peas.





SOFTER FOODS



Purée Petite Sausage,

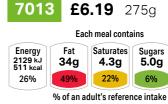
GF

Salt

1.9g

Sugars

4.2g







LEVEI

1.9g

Purée Petite Steak Casserole

A warming puréed steak casserole served with red cabbage and duchess potatoes.





Purée Petite Spaghetti Bolognaise

Puréed beef in a rich tomato and herb sauce. Served on a bed of puréed spaghetti.

7397	£€	£6.39 300g									
	Ea	ch meal conta	ins								
Energy 2100 kJ 504 kcal	Fat 31g	Saturates 8.8g	Sugars 9.8g	Salt 1.8g							
25%	44%	44%	11%	30%							
	% of an a	dult's referer	ice intake								



Chicken Chasseur

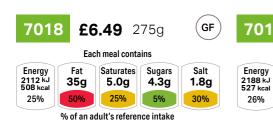
A French classic! Puréed chicken chasseur served with peas and duchess potatoes.





Purée Petite Beef & Gravy

Puréed beef in a rich gravy served with duchess potatoes and peas.



Purée Petite

Pork & Gravy Puréed pork shoulder in gravy served with broccoli and duchess potatoes.

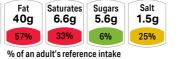
7017

26%



27%

£6.35 275g (GF Each meal contains Saturates Salt







57%



% of an adult's reference intake

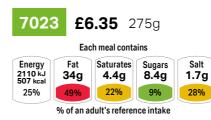
30%

7%



Purée Petite Sweet & Sour Chicken

Puréed chicken, pineapple and peppers in a sweet and sour sauce. Served with rice and peas.



GF 7024 £6.35 275g Each meal contains Saturates Sugars 6.0g 3.7g Energy 2096 kJ 504 kcal Salt Fat 36g 1.7g 25% 30% 28% % of an adult's reference intake

Purée Petite



Purée Petite Tomato & Basil Pasta Puréed pasta in a delicious tomato and basil sauce. Served with peas.

Purée Petite Fish & Chips (Oven Cook Only)

Tasty puréed white fish in a white sauce served with chips and peas.

7098

7080	£5	5 .99 2	275g	VEGAN	7
		ch meal conta	Ū		
Energy 2113 kJ 508 kcal	Fat 34g	Saturates 4.2g	Sugars 9.1g	Salt 1.7g	Ei 20 50
25%	49%	21%	10%	28%	2

www.wiltshirefarmfoods.com

% of an adult's reference intake

SOFTER FOODS



LOVED By You

66

Chicken Tikka Masala

Puréed chicken in a medium spiced coconut and tomato sauce. Served with rice and creamed spinach.



This one is lovely! Before having to eat puréed meals I loved my curries. now I can still have them!"

Mrs D Wiltshire Farm Foods Customer

LEVEL 4







£6.39 275g



Purée Petite Omelette, Chips & Beans Tasty puréed cheese

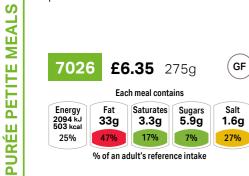
omelette served with chips and baked beans.





Purée Petite Turkey in Gravy

Puréed turkey in gravy served with sage and onion sauté potatoes and carrots.





Purée Petite Beef Chilli with Rice & Peas

7022

2101 k 505 kca

25%

A warming puréed beef chilli with kidney beans served with rice and peas.

£6.35 275g

Fach meal contain

Saturates

5.2g

% of an adult's reference intake

35g

Sugars

4.9g

1.7g

28%



Purée Petite Vegetarian Sausages

Puréed vegetarian sausages served with mashed potato and peas.



% of an adult's reference intake



Purée Petite Salmon Fillet (Oven Cook Only)

Puréed salmon served with creamed spinach and sauté potatoes.





Purée Petite Steak & Chips (Oven Cook Only)

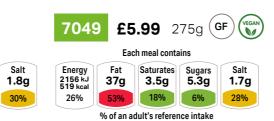
A delicious puréed beef grillsteak served with chips and peas.



Purée Petite

Vegetable & Bean Casserole

A comforting puréed vegetable and bean casserole served with peas and sauté potatoes.



www.wiltshirefarmfoods.com

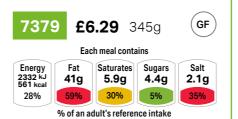
GRAVY MAKES MEALS EVEN BETTER!

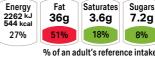
For a really delicious dinner, try one of these smaller portion purée dishes served with tasty gravy for extra flavour.



Purée Chicken in Rich Gravy

Puréed chicken breast in a chicken gravy. Served with broccoli and duchess potatoes.





Fat

& swede.

7356

www.wiltshirefarmfoods.com

A smaller portion with a generous serving of gravy – every mouthful is filled with flavour."

Dhil Dimmer Head Chef

Purée Chicken & Vegetable Casserole

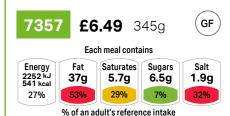
Puréed chicken and vegetable casserole in gravy. Served with sauté potatoes and carrots

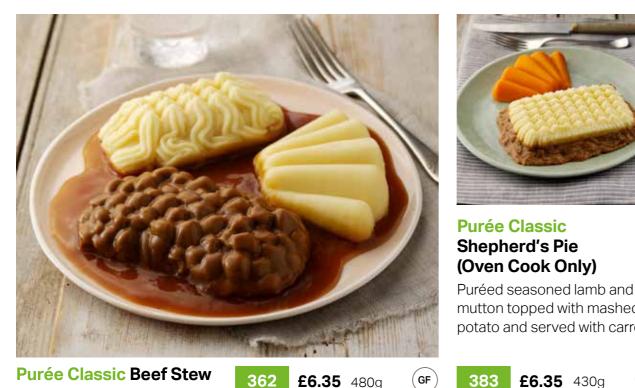




Purée Lamb in Mint Gravy

Puréed lamb in a mint gravy. Served with carrots & swede and duchess potatoes.





Energy 2193 kJ 524 kcal

26%



A warming puréed stew made

with beef, onions and carrots.

Served in gravy with mashed

potato and parsnips.

Purée Classic Cheese Omelette

Puréed cheese omelette with a delicious Cheddar and Emmental cheese sauce. Served with mashed potato and baked beans.





GF

Salt

1.8g

30%

£6.35 480g

SaturatesSugars5.6g8.4g

Each meal contains

% of an adult's reference intake

Fat

25g

Purée Classic

383

Energy 2106 kJ 502 kcal

25%

Shepherd's Pie

Fat

20g

29%

(Oven Cook Only)

mutton topped with mashed

potato and served with carrots.

£6.35 430g

Fach meal contains

% of an adult's reference intake

Saturates Sugars 5.6g 9.1g

10%

GF

Salt

1.5g

25%

Purée Classic Pork & Apple Casserole

Puréed pork and apple casserole in gravy served with mashed potato and parsnips.



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Purée Classic Beef & Gravy Puréed beef in a tasty gravy. Served with mashed potato and peas.



Purée Classic Salmon Supreme Puréed salmon with carrots and peppers in a creamy sauce. Served with mashed potato

and broccoli.



Purée Classic Fish in Creamy Sauce Puréed white fish in a creamy sauce. Served with mashed

potato and carrots.

Energy 2143 kJ 511 kcal Saturates Sugars Fat 7.1g 19g 26% 27% % of an adult's reference intake

£6.45 480g

Each meal contains

Salt

1.3g

22%

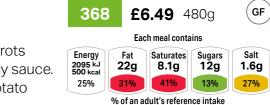
16g

18%

367

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Purée Classic



LEVEL

Turkey in Gravy

Delicious puréed turkey breast in a smooth gravy. Served with mashed potato, carrots and swede.



SOFTER FOODS



Purée Classic Cottage Pie (Oven Cook Only)

Seasoned beef topped with mashed potato and served with peas.



GF

Salt



Purée Classic Chicken Curry

Puréed chicken curry with mashed potato and cauliflower in a mild curry sauce.





Purée Classic Mediterranean Vegetable Pasta

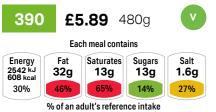
Puréed tomato and carrot pasta seasoned with mediterranean herbs. Served with mashed potato, peas and tomato sauce.





Purée Classic Macaroni Cheese

A delicious puréed macaroni cheese. Served with mashed potato and peas in a cheese sauce.





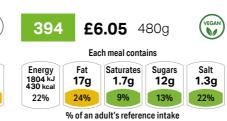
Puréed beef grillsteak served with mashed potato, baked beans and gravy.





Purée Classic Vegetable Curry

Puréed cauliflower, pea, tomato, carrot, broccoli and swede curry served with mashed potato, parsnips and curry sauce.



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Puréed Cheese & Onion Quiche A tasty puréed pastry base with a classic cheese and onion filling.



www.wiltshirefarmfoods.com



Puréed Quiche Lorraine

A delicious slice of puréed quiche, made with smoked streaky bacon, onion and leek, on a tasty puréed pastry base.



PURÉE SANDWICHES, SNACKS AND BREAKFASTS





Puréed Porridge Smooth and creamy puréed porridge.





Puréed Apple Pie & Custard Puréed sweet apple and pastry with custard.

Energy 939 kJ 224 kcal

11%

Puréed Lemon Sponge Puréed lemon flavoured sponge in a lemon sauce.

v £1.70 155g 171 Fach dessert contains Saturates Sugars 3.0g 17g Fat Salt 11g 0.33g 16% 15% 19% 6% % of an adult's reference intake





All Day Breakfast

scrambled egg.

A puréed British classic of

sausages, baked beans and

Puréed Apple & Cinnamon Porridge

A creamy puréed porridge with delicious apple and cinnamon.

£2.09 200g

Each meal contains

Saturates

4.4g

22%

% of an adult's reference intake

Sugars

17g

19%

Salt

0.23g

4%

7351

Fat

14g

20%

Energy 1228 kJ 293 kcal

15%



Fach meal contains

5.9g

30%

% of an adult's reference intake

Saturates Sugars

5.1g

6%

Salt

1.7g

28%

Energy 2138 kJ 514 kcal

26%

37g

Puréed Scrambled Eggs on Toast A British favourite of puréed scrambled eggs on toast.

£5.15 175g

Each meal contains

Saturates

6.1g

31%

% of an adult's reference intake

Sugars

1.1g

1%

Fat

19g

27%

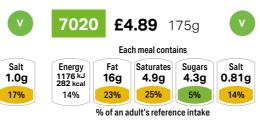
7021

Energy 1142 kJ 275 kcal

14%



Puréed Beans on Toast A classic dish of puréed baked beans on toast.



www.wiltshirefarmfoods.com



Puréed Hot Chocolate Cake (Oven Cook Only) A deliciously rich puréed chocolate cake.

7042

Fat

14g

20%

Energy 1030 kJ 247 kcal

12%

with Custard A delicious layer of sponge topped with a sweet apple purée. Served with custard.

NEW

7166	£1.70 1
	Each dessert cor

Energy 1018 kJ 244 kcal	Fat 13g	Saturates 3.1g
12%	19%	16%
	% of an a	dult's refer

www.wiltshirefarmfoods.com

£2.85 120g

Each pack contains

Saturates

3.4g

17%

% of an adult's reference intake

Sugars

18g

20%

Salt

0.23g

4%

PURÉE SANDWICHES, SNACKS AND BREAKFASTS

SOFTER FOODS





Easy to eat, a nice tangy flavour, quick to serve up and the bowl is cleared!"

66

Mr M Wiltshire Farm Foods Customer

LEVEL 4



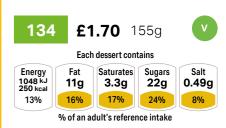
Puréed Eve's Pudding





Puréed Bakewell Sponge & Custard

Puréed mixed fruit and almond flavour sponge with custard.







Puréed Hot Apple Cake Sweet and fruity apple cake with hints of cinnamon, topped with a layer of puréed apple.



A sweet and creamy puréed toffee pudding served with custard.

716	5 £'	1.70 1	55g (GFV
	Eac	h dessert con	tains	
Energy 1200 kJ 288 kcal	Fat 18g	Saturates 5.7g	Sugars 19g	Salt 0.53g
14%	26%	29%	21%	9%

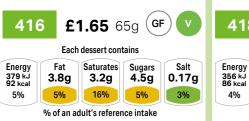
7043	3 £2	2.85 1	20g	v
	Ea	ch pack conta	ins	
Energy 844 kJ 202 kcal	Fat 12g	Saturates 4.6g	Sugars 15g	Salt 0.20g
10%	17%	23%	17%	3%
	% of an a	dult's referen	ice intake	

V

COOL AND REFRESHING

Puréed Chocolate Mousse

A fluffy chocolate flavoured mousse. With sugar and sweetener.





A refreshing strawberry

flavoured mousse. With

£1.65 65g (GF)

Each dessert contains

5% 16% 5%

% of an adult's reference intake

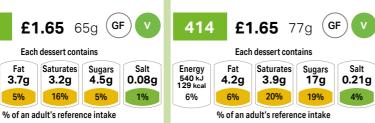
1%

sugar and sweetener.

418

4%

Puréed Coffee Dessert A delicious and tasty coffee dessert with vanilla flavoured decoration.



www.wiltshirefarmfoods.com

Minced Vegetable & West Country Cheddar Cheese Bake Page 24

> Minced Beef Grillsteak Page 24

Minced Meals

From satisfying stews to delicate fish dishes, there's so much to choose from. What will it be tonight?

Minced Salmon in Dill Sauce Page 24



is very good with a lot of different vegetables with each dish."

Mr B Wiltshire Farm Foods Customer



7108

Fat

26g

37%

Energy 2135 kJ 511 kcal

26%

£5.40 400g

Each meal contains

26%

% of an adult's reference intake

SaturatesSugars5.2g6.7g

7%



Minced Chicken Curry Chicken in a mild tomato and onion curry sauce. Served with white rice, broccoli and cauliflower.



GF

Salt 1.1g



Minced Pork & Root

Vegetable Casserole

Tasty pork casserole made

Served with mashed potato,

with carrots, swede and onion.

cauliflower and Brussels sprouts

Minced Cheesy **Potato Bake**

Potatoes, onion and carrots in cheese sauce served with mashed potato, carrots and parsnips.



Minced Chicken & Vegetable Casserole

Chicken and vegetable casserole made with carrots, swede and herbs. Served with mashed potato, carrots and Brussels sprouts.

107	£	5.35 4	00g	GF
	Ea	ch meal conta	ins	
Energy 2168 kJ 519 kcal	Fat 25g	Saturates 3.0g	Sugars 8.5g	Salt 1.3g
26%	36%	15%	9%	22%
	% of an a	dult's referen	ice intake	

GF

www.wiltshirefarmfoods.com

Minced Turkey in Gravy

Succulent turkey breast in a rich, seasoned gravy. Served with mashed potato, carrots and Brussels sprouts.



Chicken Pie Delicious minced chicken in

a creamy sauce topped with mashed potato. Served with carrots and broccoli.



Minced Chicken in **Rich Gravy**

Tender chicken breast in a rich, seasoned gravy. Served with mashed potato, carrots and swede.



Minced Creamy





Minced Cottage Pie

A British classic made with minced beef and topped with mashed potato. Served with mashed carrot and swede.



www.wiltshirefarmfoods.com



£5.29 425g Each meal contains



Saturates Sugars Salt 5.1g 1Ŏg 1.8g 26% 11% 30%

% of an adult's reference intake

LOVED By You

% of an adult's reference intake

66

Great tasting meal. **Perfect for** anyone with chewing difficulties."

Mr G Wiltshire Farm Foods Customer

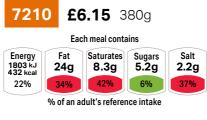
Π

MINCED MEALS



Minced Beef Grillsteak

Minced beef grillsteak in gravy served with West Country Cheddar mashed potato, broccoli and cauliflower.





Minced Vegetable & West Country Cheddar Cheese Bake

Minced vegetables in West Country Cheddar cheese sauce. Served with mashed potato and broccoli.



% of an adult's reference intake

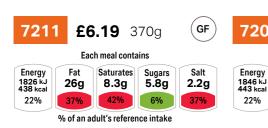
IMPORTANT: When heating our shaped minced dishes, always set your microwave to **HALF POWER**.



24



Minced Beef in Gravy Minced beef in a tasty gravy. Served with West Country Cheddar mashed potato, broccoli and carrots.





Minced Cod in **Parsley Sauce**

7209

Fat

26g

37%

Minced cod in a delicious parsley sauce. Served with mashed potato, carrots and broccoli.

£6.09 400g

Each meal contains

Saturates

5.9g

30%

% of an adult's reference intake

Sugars 6.2g

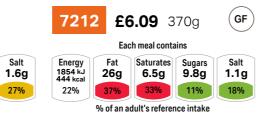
7%

Salt



Minced Salmon in **Dill Sauce**

Delicious minced salmon in a creamy dill sauce served with mashed potato, broccoli and carrots.



www.wiltshirefarmfoods.com



Minced Lamb Stew

A tasty stew with lamb, carrots and seasoning, served with mashed potato, parsnips and Brussels sprouts.

14	IIII		
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		Harry	-

Minced Fisherman's Pie

Tasty minced smoked haddock and white fish in a white sauce topped with mashed potato. Served with broccoli.



Each meal contains SaturatesSugarsSalt3.1g6.2g1.2g Fat 27g 2135 kJ 511 kcal 26% % of an adult's reference intake

7203



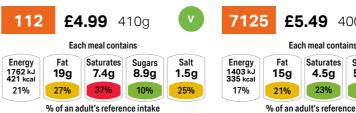


£5.35 435g

Minced Macaroni Cheese

Minced Rich Beef Stew

An Italian classic of pasta cooked in cheese sauce. Served with mashed potato, broccoli, carrots & swede.



23% % of an adult's reference intake

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Minced Sausages in **Onion Gravy**

Filling pork in a flavoursome onion and herb gravy. Served with parsley mashed potato, carrots and broccoli.



Tender British and Irish beef stew with carrots and swede. Served with mashed potato, broccoli and cauliflower.





Minced Fish in Mornay Sauce

Delicious white fish cooked with Mornay cheese sauce. Served with mashed potato, carrots and broccoli.



MINCED MEALS

Soft & Bite-Sized Ham in Parsley Sauce Page 27

> Soft & **Bite-Sized** Chicken in a Creamy Mushroom Sauce Page 27

The chicken dish is simply divine. **Congratulations** to the Chef!"

Mrs O Wiltshire Farm Foods Customer

26

Soft & **Bite-Sized** Pasta **Bolognaise** Page 28

Soft & Bite-Sized Meals

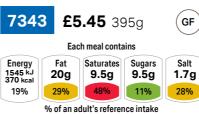
From pasta to potato-topped pies, each dish has been fined tuned to perfection to make sure it's as tasty as can be.



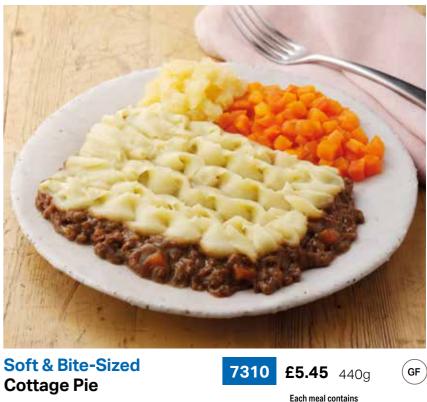


Soft & Bite-Sized Ham in Parsley Sauce

Smokey flavoured ham* in a parsley sauce. Served with extra buttery mashed potato and diced swede & carrots.



28%



Cottage Pie

Classic cottage pie with minced beef, topped with mashed potato. Served with carrots and mashed swede.



Soft & Bite-Sized Chicken in a Creamy Mushroom Sauce

Chicken* in a creamy mushroom sauce, served with cheesy garlic potatoes, butternut squash and root vegetable mash.



% of an adult's reference intake



7342

diced carrots.

www.wiltshirefarmfoods.com

* Please refer to page 31





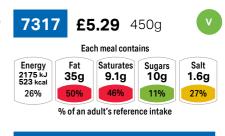
Soft & Bite-Sized **Chicken in Gravy** Tasty chicken* in a rich gravy, with sage and onion potatoes. Served with a cauliflower and broccoli cheese purée and





Soft & Bite-Sized **Cheese and Onion Pie**

Tasty cheese and onion topped with mashed potato. Served with mashed broccoli, carrots and swede.





66 **Absolutely** amazing - the best Level 6 meal I've tasted."

Mr R Wiltshire Farm Foods Customer



Soft & Bite-Sized Pasta Bolognaise

Pasta and minced beef in a rich bolognaise sauce. Served with creamed spinach.





Soft & Bite-Sized **Fish Pie**

A tempting fish pie with smoked haddock and white fish, topped with mashed potato. Served with carrots.

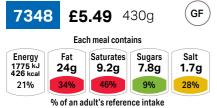
7312	2 £!	5.55 4	60g	GF
	Ea	ch meal conta	ains	
Energy 2219 kJ 531 kcal	Fat 28g	Saturates 3.2g	Sugars 9.9g	Salt 1.4g
27%	40%	16%	11%	23%
	% of an a	dult's referen	nce intake	

SOFT & BITE-SIZED MEALS



Soft & Bite-Sized **Shepherds Pie**

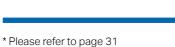
Warming minced mutton in a flavoursome gravy, topped with fluffy mashed potato and a side of mixed herby root vegetables.





Delicious minced beef cooked in a rich gravy, topped with garlic, parsley and thyme potatoes with a side of cheesy puréed spinach.

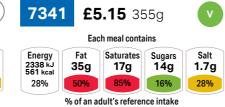






Soft & Bite-Sized Macaroni Cheese

Pasta in a cheese sauce. Served with a vibrant root vegetable ratatouille.



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SOFTER FOODS NUTRITIONAL INFORMATION

							Туріс	al nutriti	ional in	formatio	on per	portion				
			Weight	Ene	rgy	Fa	ıt	Satur	ates	Sug	ars	Sa	alt	Carbs	Fibre	Protein
CODE	DESCRIPTION	NO.	g	kcal	%	g	%	g	%	g	%	g	%	g	g	g
Pur	Purée Petite Meals LEVEL 4 (Brochure pg 9-13)															
7048	Purée Petite Lamb Chop	9	275g	506	25	36	51	6.4	32	6.4	7	1.7	28	27	7.3	16
7013	Purée Petite Sausage, Chips & Beans	9	275g	511	26	34	49	4.3	22	5.0	6	1.9	32	28	2.8	22
7097	Purée Petite Sausage & Mash	9	275g	502	25	35	50	4.5	23	4.2	5	1.9	32	22	4.6	21
7014	Purée Petite Steak Casserole	9	275g	500	25	36	51	5.0	25	5.9	7	1.7	28	22	4.9	20
7397	Purée Petite Spaghetti Bolognaise	10	300g	504	25	31	44	8.8	44	9.8	11	1.8	30	31	4.2	22
7027	Purée Petite Chicken Chasseur	10	275g	518	26	36	51	3.5	18	5.0	6	1.7	28	23	5.9	22
7018	Purée Petite Beef & Gravy	10	275g	508	25	35	50	5.0	25	4.3	5	1.8	30	23	5.8	23
7017	Purée Petite Pork & Gravy	10	275g	527	26	40	57	6.6	33	5.6	6	1.5	25	19	4.9	21
7012	Purée Petite Cheese & Onion Bake (Oven Cook Only)	10	275g	544	27	40	57	11	55	6.0	7	1.8	30	24	4.9	18
7023	Purée Petite Sweet & Sour Chicken	11	275g	507	25	34	49	4.4	22	8.4	9	1.7	28	27	3.3	21
7024	Purée Petite Chicken Tikka Masala	11	275g	504	25	36	51	6.0	30	3.7	4	1.7	28	24	2.4	21
7080	Purée Petite Tomato & Basil Pasta 🛞	11	275g	508	25	34	49	4.2	21	9.1	10	1.7	28	32	4.2	15
7098	Purée Petite Fish & Chips (Oven Cook Only)	11	275g	500	25	34	49	4.1	21	5.2	6	1.7	28	26	3.4	21
7099	Purée Petite Omelette, Chips & Beans	11	275g	504	25	34	49	9.5	48	5.7	6	1.4	23	29	2.5	18
7026	Purée Petite Turkey in Gravy	12	275g	503	25	33	47	3.3	17	5.9	7	1.6	27	27	4.1	22
7022	Purée Petite Beef Chilli with Rice & Peas	12	275g	505	25	35	50	5.2	26	4.9	5	1.7	28	24	4.5	20
7095	Purée Petite Vegetarian Sausages	12	275g	521	26	36	51	3.5	18	4.1	5	1.7	28	31	4.8	17
7047	Purée Petite Salmon Fillet (Oven Cook Only)	12	275g	505	25	34	49	4.9	25	7.8	9	1.5	25	26	3.6	21
7093	Purée Petite Steak & Chips (Oven Cook Only)	12	275g	504	25	34	49	4.9	25	6.2	7	1.8	30	26	4.4	21
7049	Purée Petite Vegetable & Bean Casserole	12	275g	519	26	37	53	3.5	18	5.3	6	1.7	28	27	7.3	16
7379	Purée Chicken in Rich Gravy	13	345g	561	28	41	59	5.9	30	4.4	5	2.1	35	24	5.3	22
7356	Purée Chicken & Vegetable Casserole	13	345g	544	27	36	51	3.6	18	7.2	8	2.0	33	29	6.7	22
7357	Purée Lamb in Mint Gravy GF	13	345g	541	27	37	53	5.7	29	6.5	7	1.9	32	29	5.9	20

Pur	Purée Classic Meals LEVEL 4 (Brochure pg 14-16)															
362	Purée Classic Beef Stew	14	480g	524	26	25	36	5.6	28	8.4	9	1.8	30	50	6.0	22
383	Purée Classic Shepherd's Pie (Oven Cook Only)	14	430g	502	25	20	29	5.6	28	9.1	10	1.5	25	57	6.8	20
396	Purée Classic Cheese Omelette 💿 👽	14	480g	566	28	30	43	13	65	11	12	1.2	20	49	5.1	22
378	Purée Classic Pork & Apple Casserole	14	480g	525	26	27	39	5.3	27	10	11	1.4	23	46	6.6	21
363	Purée Classic Beef & Gravy	15	480g	506	25	21	30	4.8	24	8.2	9	1.8	30	53	7.6	23
368	Purée Classic Salmon Supreme	15	480g	500	25	22	31	8.1	41	12	13	1.6	27	51	7.0	20
367	Purée Classic Fish in Creamy Sauce	15	480g	511	26	19	27	7.1	36	16	18	1.3	22	59	7.8	21
7353	Purée Classic Turkey in Gravy	15	480g	503	25	23	33	2.8	14	9.6	11	1.7	28	47	8.6	22
360	Purée Classic Cottage Pie (Oven Cook Only)	16	430g	500	25	21	30	5.4	27	7.2	8	1.6	27	51	6.5	24
371	Purée Classic Chicken Curry	16	480g	447	22	17	24	3.6	18	14	16	1.5	25	47	7.4	22
392	Purée Classic Mediterranean Vegetable Pasta	16	480g	466	23	20	29	2.3	12	9.2	10	1.7	28	51	8.5	17
390	Purée Classic Macaroni Cheese 🛛 🔍	16	480g	608	30	32	46	13	65	13	14	1.6	27	56	7.0	21
384	Purée Classic Beef Grillsteak	16	480g	501	25	19	27	4.7	24	8.7	10	1.6	27	57	6.3	23
394	Purée Classic Vegetable Curry	16	480g	430	22	17	24	1.7	9	12	13	1.3	22	50	7.6	15

Pur	Purée Breakfasts, Sandwiches & Snacks LEVEL 4 (Brochure pg 17-18)															
7038	Puréed Hot Cheese Toastie	17	200g	363	18	20	29	5.7	29	7.9	9	1.1	18	30	3.9	12
7037	Puréed Hot Tuna Toastie	17	200g	344	17	19	27	4.7	24	5.7	6	0.86	14	28	3.3	13
7036	Puréed Hot Bacon Toastie	17	200g	300	15	15	21	3.6	18	2.9	3	0.85	14	28	3.2	11
7092	Puréed Cheese & Onion Quiche	17	120g	205	10	14	20	6.6	33	1.4	2	0.80	13	11	<0.5	7.3
7091	Puréed Quiche Lorraine	17	120g	202	10	15	21	7.2	36	1.0	1	0.69	12	9.1	<0.5	6.5
7094	Purée Petite All Day Breakfast) 18	275g	514	26	37	53	5.9	30	5.1	6	1.7	28	22	2.0	23
7350	Puréed Porridge	18	200g	306	15	16	23	4.9	25	16	18	0.24	4	33	2.5	6.2

							Туріс	al nutrit	ional in	formatio	on per	portion				
		PAGE	Weight	Energy		Fat		Saturates		Sugars		Salt		Carbs	Fibre	Protein
CODE	DESCRIPTION	NO.	g	kcal	%	g	%	g	%	g	%	g	%	g	g	g
P111	de Ducel-feste Court	•	1	~	~	-										
1 01	rée Breakfasts, Sanc	W1	ches	5 &	Sn	ack	s L	EVE	L 4	(Cor	ntinu	ed)				
7351	Puréed Apple & Cinnamon Porridge 💿	LW10	ches 200g	5 & 293	515 Sn	ack 14	S L 20	.EVE 4.4	L 4 22	(Cor 17	ntinu 19	ed) 0.23	4	34	2.6	5.6
		1	1				1		1		1		4 17	34 16	2.6 2.3	5.6 8.8

Purée Cakes & Desserts LEVEL 4 (Brochure pg 19 -2)

1 UI	ee Cares & Dessei	LS I		L 4 ()	DIUC	, nui e	μy	19-2	.0)							
171	Puréed Apple Pie & Custard	19	155g	224	11	11	16	3.0	15	17	19	0.33	6	28	1.0	2.1
7161	Puréed Lemon Sponge	19	155g	275	14	11	16	3.9	20	27	30	0.34	6	39	<0.5	4.5
7042	Puréed Hot Chocolate Cake (Oven Cook Only)	19	120g	247	12	14	20	3.4	17	18	20	0.23	4	25	3.0	2.5
7166	NEW Puréed Eve's Pudding (F)	19	155g	244	12	13	19	3.1	16	17	19	0.41	7	27	3.7	3.1
134	Puréed Bakewell Sponge & Custard	19	155g	250	13	11	16	3.3	17	22	24	0.49	8	33	0.7	3.3
7165	Puréed Sticky Toffee Pudding & Custard	20	155g	288	14	18	26	5.7	29	19	21	0.53	9	28	3.0	2.5
7043	Puréed Hot Apple Cake	20	120g	202	10	12	17	4.6	23	15	17	0.20	3	21	3.0	1.2
416	Puréed Chocolate Mousse	20	65g	92	5	3.8	5	3.2	16	4.5	5	0.17	3	4.7	13	3.0
418	Puréed Strawberry Mousse	20	65g	86	4	3.7	5	3.2	16	4.5	5	0.08	1	4.5	13	2.3
414	Puréed Coffee Dessert (F)	20	77g	129	6	4.2	6	3.9	20	17	19	0.21	4	18	3.5	3.2

Minced Meals LEVEL 5 (Brochure pg 21-25)

7108	Minced Pork & Root Vegetable Casserole	GF	22	400g	511	26	26	37	5.2	26	6.7	7	1.1	18	44	8.8	22
105	Minced Chicken Curry	GF	22	410g	540	27	21	30	2.6	13	11	12	1.2	20	55	10	27
117	Minced Cheesy Potato Bake	•	22	400g	362	18	12	17	4.8	24	17	19	1.3	22	45	8.6	15
107	Minced Chicken & Vegetable Casserole	GF	22	400g	519	26	25	36	3.0	15	8.5	9	1.3	22	44	9.2	24
7129	Minced Turkey in Gravy	GF	23	400g	330	17	12	17	1.2	6	5.0	6	1.7	28	27	7.8	25
7202	Minced Creamy Chicken Pie	GF	23	425g	434	22	16	23	4.6	23	11	12	1.6	27	45	5.2	25
7128	Minced Chicken in Rich Gravy	GF	23	410g	333	17	11	16	1.0	5	7.5	8	1.4	23	29	6.8	27
119	Minced Cottage Pie	GF	23	425g	459	23	19	27	5.1	26	10	11	1.8	30	49	6.4	20
7210	Minced Beef Grillsteak		24	380g	432	22	24	34	8.3	42	5.2	6	2.2	37	32	4.8	19
7213	Minced Vegetable & West Country Cheddar Cheese Bake	GF	24	380g	508	25	36	51	17	85	7.0	8	1.3	22	27	6.2	17
7211	Minced Beef in Gravy	GF	24	370g	438	22	26	37	8.3	42	5.8	6	2.2	37	31	5.3	18
7209	Minced Cod in Parsley Sauce		24	400g	443	22	26	37	5.9	30	6.2	7	1.6	27	31	4.8	19
7212	Minced Salmon in Dill Sauce	GF	24	370g	444	22	26	37	6.5	33	9.8	11	1.1	18	30	4.7	21
111	Minced Lamb Stew	GF	25	400g	346	17	14	20	5.0	25	8.0	9	1.4	23	33	10	18
7203	Minced Fisherman's Pie	GF	25	435g	511	26	27	39	3.1	16	6.2	7	1.2	20	41	5.3	24
109	Minced Sausages in Onion Gravy	GF	25	400g	514	26	30	43	8.8	44	6.3	7	1.1	18	35	9.6	21
112	Minced Macaroni Cheese	•	25	410g	421	21	19	27	7.4	37	8.9	10	1.5	25	44	4.8	17
7125	Minced Rich Beef Stew	GF	25	400g	335	17	15	21	4.5	23	5.6	6	1.5	25	24	6.8	24
103	Minced Fish in Mornay Sauce	GF	25	410g	514	26	30	43	6.8	34	15	17	1.7	28	36	7.7	22

Soft & Bite-Sized Meals LEVEL 6 (Brochure pg 26-28) Soft & Bite-Sized Ham in Parsley (F) 27 395g 370 19 20 29 7343 9.5 48 9.5 11 1.7 28 30 4.7 16 Sauce GF 27 440g 432 22 14 20 3.4 17 12 13 1.8 30 55 7.2 17 7310 Soft & Bite-Sized Cottage Pie Soft & Bite-Sized Chicken in a 7349 @F 27 360g 348 17 14 20 6.3 32 8.3 9 1.7 28 31 3.8 22 Creamy Mushroom Sauce 7342 Soft & Bite-Sized Chicken in Gravy @F 27 365g 367 18 17 24 4.0 20 5.5 6 1.7 28 34 5.1 18 Soft & Bite-Sized Cheese and 27 450g 523 26 46 10 11 1.6 27 33 8.0 16 7317 50 Onion Pie 17 24 5.3 27 10 11 1.7 28 35 4.0 7340 Soft & Bite-Sized Pasta Bolognaise 28 390g 407 20 26 Soft & Bite-Sized Fish Pie GF 28 460g 531 27 40 3.2 16 9.9 11 1.4 23 46 5.4 21 7312 28 34 9.2 46 7.8 9 1.7 28 31 6.8 17 GF 28 430g 426 21 7348 Soft & Bite-Sized Shepherds Pie 24 **11** 55 **7.6** 8 **1.5** 25 40 7344 Soft & Bite-Sized Beef Hotpot (F) 28 410g 542 27 41 4.7 28 29 1.7 28 37 2.8 23 50 85 14 16 Soft & Bite-Sized Macaroni Cheese 🔽 28 355g 561 28 7341

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Important Information

Our Recipes

Please note that recipes or suppliers may change from time to time if we cannot obtain the quality or quantity of ingredients we need, or to improve flavour. We therefore advise that you always refer to the label on your chosen dish as this will show all the ingredients and indicate any allergens used in that specific recipe. While every effort is made to minimise changes, more than one recipe could be available at the same time. Ingredients and cooking instructions for our meals can also be found on our website or by contacting your local team.

Our meals

Our talented team of chefs create all our meal recipes in Trowbridge, Wiltshire. We source our ingredients from a range of carefully approved suppliers in the UK, Europe and worldwide.

All our main meals, mini meals and many of our snacks and desserts are made by us and frozen for freshness in Wiltshire. Some of our desserts, snacks, puréed and minced meals are produced for us by suppliers in the UK and Europe.

Ensuring Tenderness

* We only buy our meat & fish from carefully selected suppliers who we work closely with to make sure we choose the right cuts for the recipe we are cooking.

In a small number of our meals (only those showing a star in the description) we use selected cuts of formed meat or fish to ensure your meal is as tender as possible.

Formed meat and fish are high quality ingredients; formed meat is made by binding together large individual pieces of meat into a regular shape and then slicing. Formed fish combines individual pieces of fish into regular portions.

[†] We also have several meals where water is added to the meat before it is cooked. This ensures the meat remains moist and tender throughout cooking. These meals have a cross in the description.

Wiltshire Farm Foods is a division of apetito Ltd which is registered as a data controller with the Information Commissioner's Office. Our registration number is Z5944325. You can contact our data protection officer at dpo@apetito.co.uk with any concerns or queries you may have regarding your data, or to notify us that you no longer wish to receive marketing from us. You also have the right to make a complaint to the Information Commissioner's Office if you are unhappy with how we have handled your personal data.

Satisfaction Guaranteed

Terms and conditions: our satisfaction guarantee applies to all meals purchased from Wiltshire Farm Foods. To request a replacement please contact your local team or tell your delivery driver. You must provide us with the film lid for the meal that is being replaced (at the time the replacement meal is delivered), otherwise we reserve the right to withhold the replacement meal. This guarantee is subject to fair use and we reserve the right to withhold replacement meals. We may amend the terms of this guarantee from time to time – please visit our website for the most up to date position.

Definitions

Free From

We work hard to ensure the relevant ingredients are not detectable, or if legal limits have been set that they are never exceeded e.g. gluten. We carry out scientific tests to make sure these strict standards are maintained.

Made Without

This term shows that an ingredient is not deliberately used in a recipe. We take care to avoid any accidental inclusion but very small amounts could be present, meaning they may not be suitable for someone living with a food allergy.

May Contain

This highlights foods where a specific and unavoidable risk of accidental contamination has been identified i.e. where a supplier has told us that it's a possibility.

Wiltshire Farm Foods Privacy Policy

It is really important to us that you know what happens with any information we have about you, our valued customer, and those of you we hope will become customers. We take your data protection very seriously.

Please read the key points from our Privacy Policy below:

- Wiltshire Farm Foods (a division of apetito Ltd) deliver delicious meals and desserts through a network of outlets run by franchise partners. We share your information with your local outlet so they can provide services to you.
- If you provide information about someone else to us, it is your responsibility to ensure that the individual is happy for you to share their information with us. For example, a relative or a loved one.
- We will only ever process and retain your information in compliance with the law.
- We will never sell your information.
- To provide our service, we use some trusted partners who have access to our data under strict conditions of confidentiality (for example, to post your brochure).

If you would like further details, including a copy of our complete Privacy Policy, please speak to your driver or contact your local outlet.

If at any time you would like to remove your consent or update your details, please speak to your driver or call: 0800 066 2587



Purée Petite - Level 4 **Only £55.67**

- 7097 Purée Petite Sausage & Mash 7018 Purée Petite Beef & Gravy 7017 Purée Petite Pork & Gravy 7023 Purée Petite Sweet & Sour Chicken 7095 Purée Petite Vegetarian Sausages 7047 Purée Petite Salmon Fillet 7049 Purée Petite Vegetable & Bean Casserole 171 Puréed Apple Pie & Custard 7161 Puréed Lemon Sponge 7166 Puréed Eve's Pudding & Custard 134 Puréed Bakewell Sponge & Custard 7165 Puréed Sticky Toffee Pudding & Custard 416 Puréed Chocolate Mousse
- 418 Puréed Strawberry Mousse



Only £43.99 Purée Classic - Level 4

- 7379 Purée Classic Chicken in Rich Gravy
- 7356 Purée Classic Chicken & Vegetable Casserole
- Purée Classic Pork & Apple Casserole 378
- Purée Classic Beef & Gravy 363
- Purée Classic Salmon Supreme 368
- Purée Classic Macaroni Cheese 390
- Purée Classic Vegetable Curry 394



4 EASY ORDER MENU PACKS

Choose the Menu Pack in the texture that's right for you and enjoy a different delicious dish every day of the week.

Minced - Level 5 **Only £38.32**

- 7108 Minced Pork & Root Vegetable Casserole
- Minced Chicken & Vegetable Casserole 107
- Minced Cottage Pie 119
- 7210 Minced Beef Grillsteak
- Minced Lamb Stew 111
- 7203 Minced Fisherman's Pie
- Minced Sausages in Onion Gravy 109



Soft & Bite-Sized - Level 6 Only £38.77

- 7343 Soft & Bite-Sized Ham in Parsley Sauce
- 7310 Soft & Bite-Sized Cottage Pie
- 7349 Soft & Bite-Sized Chicken in a Creamy Mushroom Sauce
- 7342 Soft & Bite-Sized Chicken in Gravy
- 7340 Soft & Bite-Sized Pasta Bolognaise 7312 Soft & Bite-Sized Fish Pie
- 7344 Soft & Bite-Sized Beef Hotpot



CALL YOUR LOCAL TEAM TO ORDER

www.wiltshirefarmfoods.com

We accept: Cash Cheque VISA

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